

TWINLESS TIMES

SPRING 2023

HELPING TWINS WHO
HAVE LOST THEIR TWIN



PRESIDENT'S CORNER

Dear Twins,

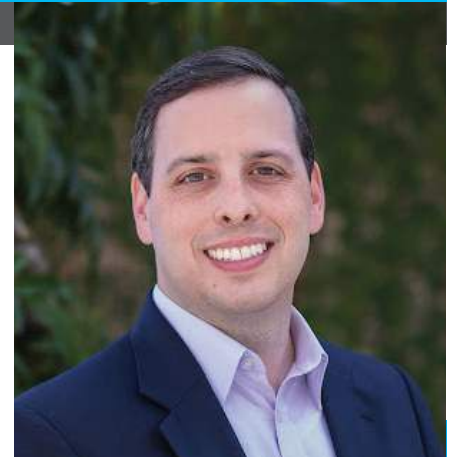
It's hard to believe we are already well into 2023! My hope is this year will be a year of deep healing as you reflect on our featured guiding principle this month: You are not alone. Even when I have faced seasons of intense sorrow following the death of my twin brother, Mark, I have always felt comforted by the fact that I am not alone. There is a certain undeniable strength that comes with being connected to other twinless twins, knowing that we have all been united from across the globe to press forward together with perseverance and purpose.

In our last newsletter, we announced our "Double your Donation" campaign to close out 2022, made possible by a gift from Lorraine Horstman, twin to Elaine Flemming. I am excited to announce that we exceeded our matching gift goal of \$5,000 with a total of almost \$10,000 raised! On behalf of the Board and our Fundraising Committee, thank you for your generous support!

As we inch closer to spring, preparations are now underway for our 2023 Annual Conference in Cincinnati, Ohio from July 13-16th. The Conference Planning Committee is meeting regularly and is working on several exciting plans, many of which have been informed by the feedback we received from last year's conference in Denver, Colorado. For those who have yet to attend an Annual Conference, I want to encourage you to take that step and register today at twinlesstwins.org. There is nothing like being surrounded by other twinless twins in a community of encouragement, compassion, and support. I look forward to seeing you this summer in Cincinnati!

As a fellow Board member once said, "the members of this organization are my twin's gift to me." What an incredible sentiment. Even in the midst of the deepest pain, there is an opportunity for hope, joy, and rich friendships to spring anew. While the healing journey is seemingly impassable at times, I am grateful we do not have to travel this path alone. Each of you are gifts to one another and gifts to me as we endeavor to press forward, one second, one minute, one hour, one day, one year... one breath, one step at a time.

In Twinship,
Matt Vierling, President



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THE EMPTY CHAIR

by Sandy Goad, twin to Jim

FINDING MEANING AS YOU MOVE FORWARD WITH YOUR LIFE

What's next? Where do I go from here? It may be difficult to envision, but it is possible to move forward and find meaning in your life after the death of your twin. If you only look in the rearview mirror, you won't

be able to go forward. It's a process. Yes, there will be challenges. Grieving is unpredictable, but don't be discouraged if your progress isn't as good as you would like it to be right now.

How do you find meaning out of your life going forward? David Kessler, author of *Finding Meaning*, has spent many decades working with people in grief. In his book he says, "We must be the architects of our lives after loss... our heart may be devastated. It may feel like your loved one was the only thing that gave your life meaning. But that meaning lives within you and is always possible to find again."

"Meaning is a reflection of the love we have for those we have lost... Ultimately, meaning comes through finding a way to sustain your love for the person after their death while you're moving forward with your life", says David Kessler.

What will "meaning" look like for you after the loss of your twin? Meaning is very personal and it takes time to find it. Kessler notes, "Even when you find meaning, you won't feel it was worth the cost of what you lost." Below are a few examples of how others in grief have found meaning in their lives:

Found gratitude for the time they had with their loved one. (No, it is never enough time.)

Experienced how precious life is and valued their life every day.

Found gratitude for the support others gave them and gave back that support to others when they were ready. "Healing through helping others."

Showed love for those still in their lives and made the most of those relationships.

Volunteered in their loved one's name.

Created a project to honor their loved one.

Made a change in their life to honor their loved one. (On a personal note, when Jim died in 1991, I found Twinless Twins and attended my first national conference in 1999. After that conference, my life was never the same. In the years that followed, I have been honoring Jim's life and finding "meaning" through the work I do for others in grief.)

Since meaning is very personal, you may be able to think of other ideas that are meaningful to you.

What are you going to do with the years that follow your twin's death? How are you making the last chapters of your life meaningful? At the end of *Finding Meaning*, David Kessler says, "You have most likely struggled with the acceptance of your loved one's death. Perhaps it's time for you to move on to the next stage of grief. Find your meaning. Your future is still unwritten."

MISSION:

TTSGI provides a safe and compassionate community within which twinless twins can experience healing, understanding, and the opportunity to help others cope with the loss of their twin.

TTSGI GUIDING PRINCIPLES: YOU ARE NOT ALONE

TTSGI has five guiding principles:

1. Once A Twin, Always A Twin
2. You Are Not Alone
3. Healing by Helping
4. Journey to Healing,
5. Uniting Our Diverse Community

The Spring Edition will focus on the second one: **You Are Not Alone**

YOU ARE NOT ALONE – Twinless twins need to be heard and to know they are “not alone” in their feelings. Every twinless twin has a history and a story to tell, a sorrow to express, a pain to endure, a twin to remember, and a life to continue to live. TTSGI encourages the sharing of stories and feelings in a mutually supportive environment without judgment or unsolicited advice. Members of TTSGI offer compassionate listening and emotional support for sharing and telling these stories. Information shared among twins is held in confidence in mutually supportive group settings.

The following are submissions by fellow Twinless Twins sharing their experiences and expressions. Both Janet and Becky happen to reside in the UK.

TWIN HUDDLES

By Janet Baird, twin to Margaret, Lone Twin Network Liaison

Small is Beautiful

Small is beautiful, when applied to Twin Huddles. What exactly is a twin huddle?? A small local group of twins who meet together informally, to drink coffee, visit art galleries and museums!

My experience of twin huddles so far is that they work and they are a really valuable way of connecting with other lone twins! What is surprising is the depth of conversation which takes place. I've actually learned far more about other twins in a huddle situation than I've ever learned in a formal meeting setting.

Our recent Huddle in Manchester on 21st January 2023 was indeed small, but it was such an enriching experience!

I met Co-organiser Jill Ingham at the Moseley Art Gallery for a pre-huddle coffee. Unfortunately, the fire alarm truncated our chat so we set off to the pre-arranged meeting point at Manchester Piccadilly Station.

Jill then took us on a whistle stop walkabout through the university up to our next venue, the Whitworth Art Gallery, on Oxford Road. I learnt so much! The Engineering building (formerly UMIST) has the most red bricks in the world, (8 million!) and Art Nouveau doors and door handles. Two eminent Russian professors invented graphene at Manchester University and Rolls met Royce at the Midland Hotel. The famous Emmeline Pankhurst Centre is also in the university area.

We arrived at the Whitworth Art Gallery and went straight to the beautiful Cafe in the Trees for lunch. The conversation flowed and time flew, as it usually does when twins connect.

We said our goodbyes and went our separate ways. I felt enriched and informed! Thank you to Jill Ingham for organising the event.

POETRY

By Becky Topham, twin to Deb

MY TWIN

My twin -she arrived head first,
Me feet first, last.
Thirty two minutes apart
Not so very fast.

Through DNA's dictation
Exact voice, hair, eyes
My very first love
My very first disguise

We see the other's insides
As we know our very own
We are each the other's self
Biological clones.

Contrasting inclinations
Myself, I love my men
She loves her women
Not so alike there, then.

We are a shifting breeze
Without her, no me
Without me, no her
Is this how it's meant to be?

She is my backbone
When mine's all chalk
I am her voice
When she's afraid to talk.

We are yin and yang
Ferocious friends
Even worse enemies
But each and all mends.

Fate was generous.
A world together,
A face as mirror
And love forever.

SHE

She is the keeper of my secrets
She disentangles the knots
She listens to my mad ramblings
She is joiner of the dots.

She has roads of pounding print
She has the runner's resolve
She has the body I envy
She knows the recipe to evolve.

She is memory of my memories
She is the adventurer in my son
She is the ally and quiet accomplice
She is the ear when day is done.

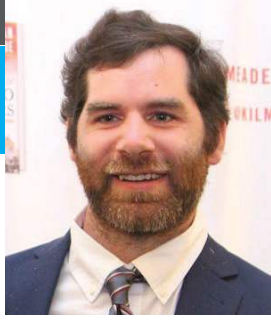
She is my twin sister
She is the beautiful soul
She is the gift I was given
She is the girl who makes me whole

07/09/18



REGIONAL ZOOM GATHERINGS:

For upcoming Regional Zoom Gatherings please check our website
<http://www.twinlesstwins.org/events/> and your Regional Coordinator.



KEVIN'S CORNER

By Kevin Mullen, twin to Brian and Twinless Times' Correspondent

As some of you may have noticed, my absence at the TTSGI conferences the last few years, there's a reason for it. The TTSGI conferences and SAR (Sons of the American Revolution) Congress meet at the same time. In 2019, I was elected Alt Trustee for the Vermont society. So I've got to be there to cast my vote.

I just wish SAR Congress and the TTSGI conferences were in the same place, not in different time zones the last few years. I do miss attending the conference and seeing everyone, but I'll definitely be back, but not exactly sure when I'll be able to, as I'm going through the ranks in SAR.

In 2018, I was elected Vice Chair for Younger members, and chairman of the committee from 2019-2022. I'm currently serving as advisor for this committee. In July, while you were in Denver, I was in Savannah, Georgia. I also served as President of the Vermont SAR from 2018-2020.

My last conference in 2017, I flew from Knoxville, Tennessee to Tucson, Arizona, because the dates worked out. I remember greeting a few people then I went to my room because I was tired.

Right now, I'm currently on 10 different committees in SAR. So I'm very busy these days. I'm on Zoom a lot in between Fall and Spring leadership meetings and Congress.

Even though I'm not at the conference, I do get twin time with my best friend/brother Jon Hilber, twin to Justin after each leadership meeting in Louisville, Kentucky.

DIVERSITY AND INCLUSION COMMITTEE WANTS TO HEAR FROM YOU!

by Lea Eriksen Talamantes, Past President and Co-chair of the Diversity and Inclusion Committee and Venice Lacy, Co-chair of the Diversity and Inclusion Committee

In December 2020, the Board approved a fifth guiding principle: Uniting our Diverse Community:

TTSGI welcomes all identical and fraternal twinless twins, regardless of when loss occurred, race, ethnicity, age, disability, sexual orientation, gender, gender identity, socioeconomic status, geography, political affiliation or religion. We share the common bond of twinship regardless of our differences. It is important that all twinless twins know they are welcome and integral to our healing community. Our community includes all twinless twins, defined by our organization as a person who has lost due to death a twin or a sibling who is part of a higher order multiple such as triplets.

As part of implementing this principle, the board also approved forming a Diversity and Inclusion Committee. The purpose of the Diversity and Inclusion Committee is to provide advice to the Board and other committees to ensure that our leadership, programming, meetings, content and operations are equitable and inclusive. The goal of the Diversity and Inclusion Committee activities is to ensure our commitment to provide a safe and welcoming community for all identical and fraternal twinless twins, regardless of when loss occurred, race, ethnicity, age, disability, sexual orientation, gender, gender identity, socioeconomic status, geography, political affiliation or religion.

The Diversity and Inclusion Committee wants to hear from you to assist us with ensuring our commitment to provide a safe and welcoming community for all twins and will be sending out a survey in the coming weeks. Please look for the survey and please take it! Your survey responses are anonymous and we will not use any information provided to identify you.



2023 DONATION FORM



TWINLESS TWINS
Support Group INTL.

Please enter the required information below if you would like to sign up as a Donor for Twinless Twins Support Group International.

Please print **this form** and mail it, along with your check, money order to:

TTSGI'S NEW ADDRESS:

Twinless Twins Support Group International
PO Box 190, Saline MI 481761

Or fax to: 1-888-205-8962

Or email to contact@twinlesstwins.org

Designate Funds – please check all that apply:

General Fund Scholarship Fund Matching Gift

CONTACT INFORMATION:

Name _____

Address _____

City _____ State _____ Zip Code _____ Country _____

Phone No. _____ Email _____

PAYMENT OPTIONS:

Amount of Donation: \$ _____

(Canadian twins should send checks and money orders in U.S. funds only)

Paid in full at this time.

Check enclosed (only checks or money orders are acceptable)

During the month of _____.

By making pledge payments of \$ _____ for _____ consecutive months/years.

My company has a Matching Gifts Program. I am mailing a completed form.

Name of matching company _____

Alternatively, you may make your donation online through PayPal at www.twinlesstwins.org and use the DONATE button at the top right-hand side of the home page.

Recognition for the Newsletter _____

Twinless Twins, Inc. is a 501(c)(3) nonprofit tax-exempt organization and your donation is tax deductible within the limits of the law.
Revised 2/20/2023

IN RECOGNITION OF OUR CONTRIBUTORS SINCE FALL 2022

- Jeremy & Maggie Adams** – Double your Donation in memory of Gary Adams – General Fund
- Larry Adams** – Double your Donation in memory of his twin, Gary Adams – General Fund
- AmazonSmile** – a percentage of every purchase goes to TTSGI – THANK YOU
- Joan Angelis** – Double your Donation in memory of her twin, Jean Angelis Majeski – General Fund
- Phyllis Ashliman** – Double your Donation, in memory of her twin, Phil
- The Blackburn Giving Fund** – made on behalf of IQVIA Inc. and its donors
- Kurt Bomba** – Double your Donation in memory of his twin, Karl Bomba
- Bonfire.com** – Holiday fundraisers
- Lynn Boston** – Double your Donation, in memory of her twin, Lisa Boston Frye – General Fund
- James Costello** – Double your Donation
- Margaret Daffin** – quarterly pledge in special memory of her twin, Josie Wilson
- Melissa Dean** – Double your Donation in memory of her twin, Missy Milani – General/Scholarship Funds
- Miriam Doetsch** – in memory of Dr. Raymond Brandt
- Thomas Doyle** – Double your Donation in honor of Sarah Jean Beebe
- Sister William Eileen Dunn** – Double your Donation
- Eduardo Echeveria** – Double your Donation in memory of his twin, Alfredo Echeveria – General Fund
- Lea Eriksen Talamantes** – in memory of her twin, Eve Richards
- Laurie Everitt** – Double your Donation in memory of her twin, Judy Anne Nobel Jakups – General/Scholarship Funds
- R.P. Fitzmaurice** – Double your Donation
- ExxonMobil Foundation** – Margaret Daffin - for volunteer hours in memory of her twin, Josie Wilson
- Sandy Goad** – Double your Donation – in memory of her twin, Jim
- GoodShop** – up to 20% of every purchase goes to TTSGI – THANK YOU
- Audrey Grabill** – Double your Donation in memory of Hal McCracken – General Fund
- Carol A. Grossi** – Double your Donation – General Fund
- Donna Hague** – Double your Donation – in memory of her twin brother, Morris Hands – General Fund
- Martha Heinicke** – Double your Donation in memory of her twin, Mary Ruth Olson – Scholarship Fund
- Lorraine Horstman** – “Double your Donation” Year-end Campaign Donor – in memory of her twin, Elaine Flemming
- IGive.com** – from all twinless twin members who use IGive to buy online – THANK YOU!
- Karyn Jacobs Revocable Trust Agreement** – Double your Donation
- Eileen Jensen** – Double your Donation in memory of her twin, Elaine Moench
- David Jones** – twin membership donation
- Laurie Meier** – in memory of her twin, Linda
- Kevin Mullen** – Double your Donation in memory of his twin, Brian Mullen
- Jan Munroe** – Double your Donation in memory of her twin, Marcia M. Jamrog – General Fund
- Network for Good** – all donations through Facebook – THANK YOU!
- Shyam Rai** – Double your Donation in memory of Larry Lynch – General Fund
- Susan Riddle** – Double your Donation in memory of her twin, Judy Riddle
- Russell Scott** – Double your Donation in memory of his twin, Ralph Scott
- Carolyn Shane** – Monthly pledge in memory of my twin, Cary
- Beverley Smyk** – Double your Donation - in memory of her twin, Donna, and their birthday – General Fund
- Judy Carol Valdez** – Double your Donation in memory of her twin, Linda, and cousin John – also a twin
- Robert Veeneman** – Double your Donation in memory of his twin, James Joseph Veeneman – General Fund
- Matthew Vierling** – Double your Donation in memory of his twin, Mark Lester Vierling – General/Scholarship Funds
- Dr. Susan Williams** – Double your Donation in memory of Josie Wilson – General Fund

We apologize if we have missed your name in this listing. Please let us know and we will recognize you in our Fall 2023 newsletter.
Contact Margaret Daffin at medaffin@aol.com

THE TTSGI FOUNDERS' MEMORIAL ENDOWMENT FUND

By Margaret Daffin, TTSGI Founders' Memorial Endowment Fund

The TTSGI Founders' Memorial Endowment Fund has steadily grown since its inception in 2020.

The Board of Directors wish to thank all of our "Founding Donors" for their support - these Donors are listed in this newsletter.

If you would like to add your name to this list, it is not too late to become a "Founding Donor" of the Endowment Fund, as you can still contribute until the end of 2023, with a one time pledge of \$5,000.

After 2023, from January 2024, you can still participate in the Endowment Fund, as a "Sustaining Donor" with a minimum pledge of \$5,000, either paid in full or over a three-year period.

If you are interested in either of these giving opportunities, please contact me at medaffin@aol.com and I will send you further information, including a Donor Pledge Form, that must be signed and returned to TTSGI.

Your continued support of TTSGI is so appreciated.

WHAT CAN THE ENDOWMENT FUND INCOME BE USED FOR?

The Board can spend income from the Endowment Fund to support one or more of three purposes:

1. Special Board Initiatives to enhance TTSGI as the leading resource for information, communication, support, and personal connection for Twinless Twins;
2. Scholarship funding for the Annual Conference; or
3. Specific projects identified in the TTSGI Strategic Plan.

DOUBLE YOUR DONATION MATCHING GIFT CAMPAIGN

By Margaret Daffin, twin to Josie

DOUBLE
your DONATION

Giving with the power of two!



Right now, through the generous gift of an anonymous supporter, any donation received will be matched, dollar for dollar! If you give \$100, it turns into \$200!

Every gift, no matter the amount, will be used to help support hurting twinless twins around the world.

Make a donation today by visiting www.twinlesstwins.org.

TTSGI's Matching Gift Campaign (Double your Donation) at the end of 2022 was another huge success because of the number of donors who participated. Thank you from the bottom of our hearts for your contributions, in memory of your twins.

A special thank you to Lorraine Horstman, twin to Elaine Flemming, who matched these contributions - without you, this campaign would not have been possible.

Please consider a financial contribution to TTSGI during 2023 to help us support the twins in need. Complete the donation form in this newsletter or go online www.twinlesstwins.org/donate.

TTSGI FOUNDERS' MEMORIAL ENDOWMENT FUND "FOUNDING MEMBERS" AS OF MARCH 1, 2023

Mary R. Morgan, twin to Michael Rockefeller
Ruth Osterweis Selig, twin to Rollyn Osterweis Krichbaum
Laurie Everitt, twin to Judy Anne Nobel Jakups
Margaret & Paul Daffin, twin to Josie Wilson
Lorraine Horstman, twin to Elaine Flemming
Renee Manger, twin to Stephen Manger
Lea Eriksen Talamantes, twin to Eve Richards
Nadeen (Dena) Stitt, twin to Dean Arthur Thompson
Michelle & Rick Getchell, twin to Melissa (Missy) Janssen
Janice Konya-Grabill & Dennis Grabill, twin to Hal Robert McCracken
Sandy & Paul Goad, twin to Jim Shillato
Paul Heiden, twin to Peter Heiden
Jane & Bob Osterholt, twin to Bill Osterholt
Margaret Gron, twin to Edith Gron
Dr. Camille Wissmann, twin to Carmen Sigrid (Johnson) Gruman
Phyllis & Monty Ashliman, twin to Phillip (Phil) Exstrom
Laura & William Wilson, twin to Linda Stephens
L.S. Stephens Living Trust (Linda Stephens), twin to Laura Wilson
Russell Scott, twin to Ralph Scott
Susan Schneider & Family, twin to Robin Schneider
Lorrie (Lo) Heath, twin to Merrie Leigh Orton Macinerney
Larry Adams, twin to Gary Adams
Kevin Johnson, twin to Kelvin J. Johnson
Donna & John Vierling, in memory of Mark Vierling
Justin & Jaime Clarke, twin to Scott Clarke
Joan Angelis and Harold Roberts, twin to Jean Angelis Majeski
Raymond & Susan Boyle, twin to Jimmy Boyle
Matthew Vierling, twin to Mark Vierling

I wish to thank all of the above Endowment Fund "Founding Donors" for their generosity and commitment to TTSGI
Margaret Daffin, Fundraising Committee Chair

VOLUNTEER!

If you are interested in volunteering for TTSGI, there are many opportunities available to you!

We are looking for volunteers who can assist their Regional Coordinators.

Please contact your Regional Coordinator using the "Contact Us" form on the website or from the RC Listing on the back page of this newsletter.

Go to: www.twinlesstwins.org

COAL MINER'S DAUGHTER TWINS

Written by Jennifer L. Beasley (twin to Jessica)

I first met Loretta Lynn when I was a mere six years old (1979). Jessica Beasley and I were cast as Loretta's six-year old twin daughters, Patsy and Peggy, in Coal Miner's Daughter, and our younger brother Bill was cast as Randy Cline (Patsy's son). This was easily one of the most exciting moments of our childhood to get out of school for three days, go stay in a hotel (Days Inn in Dickson, TN), bring our new basset hound pup Pete along for the trip, got to play dress-up with some weird clothing combinations (shorts and cowboy boots) and eat catered food. We had no idea who Loretta Lynn was or anything about her story, nor did we have any acting experience (a few local commercials followed, but this was the extent of our acting days). We hadn't a clue who Sissy Spacek or Tommy Lee Jones were (my parents did and were star-struck), but for three days, Loretta welcomed us into her home where our scenes were shot, took care of us like we were her own, as did Patsy and Peggy (who were now 16 or so). Most of those pics are tucked away in a scrapbook Mom has always kept to share with my friends or when she was getting sentimental.

When the movie was released, we gathered in our formal best for the premiere at Cheekwood and were surprised at how well the movie did at the box office. We were also beyond excited that it was nominated for an Academy Award for Best Picture and Sissy won for Best Actress. From then on, our lives would be connected to this icon, this First Lady of Country Music, the Queen, the inspiration. It wasn't until I was a younger adult that I grasped the true influence she has had on many of the musicians I listened to and respected. Decades after the movie was made, Loretta continued to reinvent herself, make new projects, appear in the headlines, and each time, my friends, sorority sisters, and family would reach out to me. Hardly a week goes by that I don't read about, hear, or have someone share something "Loretta" or CMD with me.

Back in 2004, I had a student, Whitney (Goddard) Geitner and her mother Pam Goddard, who turned out to be long time close friends with Loretta. Pam took Jessica Beasley and me to Hurricane Mills again to see the museum, see Loretta perform, reunite with Patsy and Peggy, and tour her home (now a museum). I am thankful for this bond I share with the Goddard family and the stories Pam continues

to share with me about Loretta.

I am thankful for this tiny piece of history I shared with Loretta and the joy this movie seems to give people (it is highly nostalgic for me growing up in Nashville). I'm mostly thankful for the strong, independent woman and role model Loretta was, someone who spoke her mind about things that were important to her, for being a trail blazer for the others who came after her, her (literal) rags to riches story, and for the impact she left on the world. RIP, Loretta.

I wrote this piece on October 4, 2022 as a Facebook post following Loretta's passing. Little did I know that my twin sister Jessica would pass away unexpectedly on Christmas Eve of 2022 at the age of 50, just two and a half months after Loretta. I see things differently now. We had never discussed living life without the other, and why would we?

The past month has been a series of extreme lows but also some beautiful moments of love, compassion, and gratitude. Messages, texts, calls, posts, visits that share the light and love Jess brought into this world and a beautiful celebration of life service for our final goodbyes would soon follow. Of course, the movie was mentioned several times during the service.

She always took such great pride in our roles as the Patsy (me) and Peggy (Jess) Lynn when they were six. As twins, we always got a lot of attention, but, after filming the movie, the attention mounted. From friends, family, strangers, country music fans, Tennesseans, and from any nook and cranny of the country. I was always used to dividing any attention I got with Jess. Now, eyes are on me to see how I will cope with this tragic loss, something so unnatural for any twin to have to do. Jess's line (we each only had one speaking part) in the movie was, "My name ain't twin!" as she spouted to Sissy Spacek as Loretta after coming home from a long road stretch, but Jess was so proud of being a twin... so proud of being in that movie back in 1980, and so proud of our twinship. Until we are reunited in heaven, I expect she's telling everyone up there, even Loretta, that she is a twin, and I'll be doing the same down here. Rest in Peace, my sweet Jess (a.k.a. 6-year old Peggy Lynn).

FINANCIAL STATEMENT INFORMATION

By Larry Adams, twin to Gary and TTSGI Treasurer

The year-end Accounting is not quite completed for 2022, but I wanted to provide a snapshot of where we currently stand for 2022 in comparison to 2021.

The Balance Sheet and Income Statement of TTSGI for the year ended December 31, 2022, with a comparison to 2021 are presented. Below are notes of explanation that will clarify items.

Balance Sheet - Our main bank accounts had a balance of \$156K, down \$11K from 2021. The decrease is primarily due to Prepayment of expenses for 2023 and 2024 totaling \$13.1K.

Vanguard is our financial advisor for managing the funds from the TTSGI Founders' Memorial Endowment Fund. When twins pledge, then contribute to the Endowment Fund, the monies are deposited into our operational bank account and then transferred to Vanguard. At the end of the year, approximately \$14.3K had not yet been transferred from our operational account into Vanguard. These Vanguard deposits are managed in four funds. These funds pay dividends and are immediately reinvested.

In the Equity section, we have absorbed the prepaid conference registrations for the July 2022 Denver conference. We did not offer prepayment for the 2023 Conference in Cincinnati. The Scholarship Fund represents donations and half (50%) of the Memory Walk donations. These funds are used to assist twins in financial hardship to attend a conference. A board committee reviews each applicant. This fund may also be used for membership fees for those in hardship.

The TTSGI Founders' Memorial Endowment Fund of \$247.5K represents the donations received from twins to the fund and dividends paid by Vanguard. Thanks to the generosity of our twins, this fund has increased by \$32.3K from 2021.

Income Statement - Our main sources of operating revenues are the annual conference and its activities, contributions and membership dues. In addition to operating revenues, we receive gifts to the TTSGI Founders' Memorial Endowment Fund and the Scholarship Fund.

In 2022, we returned to an in-person Conference after a two year delay, due to the Covid Pandemic. The conference is the largest source of revenue and the largest cost to TTSGI resulting in a significant increase to income and expenses in 2022 over 2021.

Our contributions increased by \$22.9K due to a significant gift by one donor and a very successful "Double Your Donation" campaign that raised \$18.4K. Our membership dues increased \$2.9K over 2021 due to an increase in paid members. As total income increased by \$59.6K similarly, our expenses also increased by \$49.8K. The most significant change is due to returning to an in-person conference in 2022. We also overhauled our website in 2022 which increased expenses by \$11.6K.

In summary, we ended the year with revenue exceeding expenses and our net income for 2022 was \$20.5K, which was \$9.8K higher than the net income of \$10.7k in 2021.

Twinless Twins Support Group International Projected Balance Sheet

As of December 31, 2022

	12/31/22	12/31/21	Change
ASSETS			
Current Assets			
Bank Accounts			
Checking 528	12,483.21	27,284.21	(14,801.00)
Grabill	-	-	-
Old National 110	-	-	-
Old National Investment	10.00	10.00	-
Paypal 102	142,205.23	138,525.47	3,679.76
Total Bank Accounts	154,698.44	165,819.68	(11,121.24)
Accounts Receivable			
Accounts Receivable	-	-	-
Pledge Receivable	-	-	-
Total Accounts Receivable	-	-	-
Other Current Assets			
Prepaid Expenses	13,073.32	1,584.00	11,489.32
Vanguard 2	-	-	-
Vanguard 3	-	-	-
Total Other Current Assets	13,073.32	1,584.00	11,489.32
Total Current Assets	167,771.76	167,403.68	368.08
Other Assets			
Vanguard Cash Reserves Federal Money Market	35,132.50	19,671.30	15,461.20
Vanguard Intl Growth	24,554.18	21,984.18	2,570.00
Vanguard Total Bond Market Index	68,551.10	60,147.69	8,403.41
Vanguard Total Stock Market Index	113,400.91	99,740.15	13,660.76
Total Other Assets	241,638.69	201,543.32	40,095.37
TOTAL ASSETS	409,410.45	368,947.00	40,463.45
LIABILITIES AND EQUITY			
Liabilities			
Current Liabilities			
Accounts Payable			
Accounts Payable	2,450.00	-	2,450.00
Total Accounts Payable	2,450.00	-	2,450.00
Total Current Liabilities	2,450.00	-	2,450.00
Total Liabilities	2,450.00	-	2,450.00
Equity			
Conference Registration Next Year	-	17,865.00	(17,865.00)
Founders Endowment Fund	247,480.23	215,175.23	32,305.00
Opening Balance Equity	7,044.40	7,044.40	-
Retained Earnings	100,340.37	89,615.05	10,725.32
Scholarship Fund	31,542.00	28,522.00	3,020.00
Net Income	20,553.45	10,725.32	9,828.13
Total Equity	406,960.45	368,947.00	38,013.45
TOTAL LIABILITIES AND EQUITY	409,410.45	368,947.00	40,463.45

Twinless Twins Support Group International
Projected Profit and Loss
For the 12 Months Ended, December 31, 2022

	<u>12/31/22</u>	<u>12/31/21</u>	<u>Change</u>
Income			
Conference Assistance	3,850.00	-	3,850.00
Conference Events			
50/50	615.00	-	615.00
Auction	6,395.00	1,035.00	5,360.00
Memorial Fund	4,940.00	6,860.00	(1,920.00)
Memorial Fund Contra	(2,470.00)	(3,430.00)	960.00
Raffle	890.00	-	890.00
Sales Table	252.21	725.28	(473.07)
Silent Auction	585.00	-	585.00
Total Conference Events	11,207.21	5,190.28	6,016.93
Conference Registration	26,495.00	-	26,495.00
Contributions	24,862.38	20,405.21	4,457.17
Contributions - Double Your Donation Campaign	18,405.82	-	18,405.82
Contributions - Giving/Rewards Programs	101.26	-	101.26
Total Contributions	43,369.46	20,405.21	22,964.25
Dividend Income	552.98	4,867.70	(4,314.72)
Interest	1,342.48	472.19	870.29
Membership Dues	32,527.95	29,650.00	2,877.95
Online Sales	1,846.63	713.90	1,132.73
Uncategorized Income-1	-	300.00	(300.00)
Total Income	121,191.71	61,599.28	59,592.43
Gross Profit	121,191.71	61,599.28	59,592.43
Expenses			
Administration			
Insurance	4,260.08	3,676.33	583.75
Travel & Lodging	1,647.40	-	1,647.40
Total Administration	5,907.48	3,676.33	2,231.15
Office Expenses	77.29	-	77.29
Assistant	(160.00)	1,920.00	(2,080.00)
Bank Charges	1,897.43	1,198.03	699.40
Executive Director	36,000.00	28,200.00	7,800.00
Licenses & Subscriptions	985.00	890.00	95.00
Miscellaneous	-	70.70	(70.70)
Office	407.75	866.37	(458.62)
Office Supplies	252.67	-	252.67
Petty Cash	-	-	-
Postage	2,520.03	1,838.17	681.86
Printing	490.00	703.56	(213.56)
Professional Fees	-	480.00	(480.00)
Telephone	24.00	24.34	(0.34)
ZOOM	102.52	-	102.52
Total Office Expenses	42,596.69	36,191.17	6,405.52
Program			
Conference	28,865.02	-	28,865.02
Conference - Speaker	2,722.47	3,900.00	(1,177.53)
Inventory and Storage	2,786.40	2,376.00	410.40
Outside Services	600.00	600.00	-
Regional Coordinators	2,905.76	1,499.58	1,406.18
Website	14,254.44	2,630.88	11,623.56
Total Program	52,134.09	11,006.46	41,127.63
Total Expenses	100,638.26	50,873.96	49,764.30
Net Operating Income	20,553.45	10,725.32	9,828.13
Net Income	20,553.45	10,725.32	9,828.13

2023 TTSGI CONFERENCE



PLEASE REFERENCE THE TTSGI WEBSITE OR CLICK HERE TO REGISTER:
[2023 CONFERENCE REGISTRATION – TWINLESS TWINS SUPPORT GROUP INTERNATIONAL](#)

CONFERENCE REGISTRATION FEES

- Early Bird Registration Fee (January 2 – February 28): \$240.00/person
- Regular Registration Fee (March 1 – June 10): \$290.00/person
- Walk-In/at-door registration Fee (July 13th): \$340.00/person

IMPORTANT INFORMATION (PLEASE READ CAREFULLY)

- All conference attendees must register individually.
- The conference begins the evening of Thursday, July 13, 2023 and ends at the closing banquet on Saturday, July 15, 2023. Plan to checkout and depart on Sunday, July 16, 2023.
- There are no discounts for partial attendance. All twinless twin members paying the registration fee can attend as much or as little of the conference as they are able. TTSGI does not offer day rates.
- You must be a current paid member of TTSGI to attend the Annual Conference. Family and friends who wish to attend must accompany a paid member and must complete their own registration.
- Registration fee includes: Thursday evening dessert reception, Saturday evening banquet meal, all conference materials, guest speakers, and breakout space. For more detailed information about the conference, including hotel information, please refer to the Annual Conference FAQs below.
- Conference registration fees do not include hotel accommodations. TTSGI has contracted a block of sleeping rooms for this event at a discounted room rate of \$179.00/night (+tax), including breakfast and free self-parking. Reservations are made directly with the hotel and the TTSGI rate is guaranteed through Tuesday, June 20, 2023 or until the room block is sold out (Rooms in the block are first come, first serve).
- The last day to receive a refund for registration fees is Saturday, June 10, 2023. After June 10, we are unable to refund registration fees for any reason.

2023 TTSGI CONFERENCE – FREQUENTLY ASKED QUESTIONS

WHEN IS THE 2023 CONFERENCE? The conference begins the evening of Thursday, July 13 and ends at the closing banquet on Saturday, July 15. Plan to checkout and depart on Sunday, July 16.

WHERE IS THE CONFERENCE? The conference will be held in Cincinnati, Ohio at The Summit Hotel.

5345 Medpace Way, Cincinnati, OH 45227
Phone: 513-527-9900

Attendees make their room reservations directly with the hotel. To help with costs, TTSGI has contracted a block of sleeping rooms for this event at a discounted room rate. Reservations are made directly with the hotel. Please make your reservations early, as we only hold a limited number of rooms in the block. The cost of the room is \$179.00/night (+tax), which includes breakfast.

[Click here to book your room at the TTSGI group rate](#)

The TTSGI room block will be held until June 2, 2023, unless all the rooms are reserved from the block before this date. **Rooms in the block are first come, first serve.**

Important Reminder: The conference dates are July 13-16 (arrive on Thursday and leave on Sunday).

ARE THERE ANY SAFETY PROTOCOLS FOR THE CONFERENCE? Please review our [Policy for In-Person Gatherings](#).

WHO MAY ATTEND THE CONFERENCE? Current members of TTSGI and their guests (family, friends) are welcome to attend. A current member is one who has joined or renewed membership (\$50.00 annually) within the last 12 months.

[Click here to become a member.](#)

WHAT IS THE SCHEDULE FOR THE CONFERENCE? [Click here](#) to view our last Conference Schedule in 2022 to get an idea of what to expect.

WHAT AIRPORT DO I FLY INTO? Cincinnati/Northern Kentucky International Airport. The airport code is: CVG

HOW DO I GET BACK AND FORTH FROM THE AIRPORT TO THE HOTEL? The hotel is located 23 miles from the Cincinnati/Northern Kentucky International Airport (CVG) and 5 miles from Lunken airport. The hotel does not offer complimentary ground transportation. To find low-cost ground transportation service or to book a ride to/from CVG you can visit these websites for options:

- [CVG Ground Transportation](#)
- [Cincinnati Airport Shuttles](#)
- [Cincinnati Airport CVG Shuttles and Private Transfers](#)

WHAT WILL THE WEATHER BE LIKE? In July the average low is 66° and the average high is 87°. For more info visit www.weather.com.

WHAT SHOULD I WEAR? The conference is a casual event. Most attendees wear comfortable clothes such as pants, t-shirt, blouse, jeans, shorts. The hotel meeting rooms will be air conditioned, so be prepared in case the hotel is cooler than you prefer. The Saturday night closing banquet is a bit dressier event. Men may wear a sports coat and ladies often wear dresses or nicer pant outfit.

WHAT SHOULD I BRING? Attendees often bring photographs of their twins to show to other twins they meet. Also, please consider bringing something to donate for the auctions, which help support the organization.

I AM A FIRST-TIME ATTENDEE, WHAT SHOULD I EXPECT AND WHAT IS EXPECTED OF ME? The first two items on the schedule are Check-in and the First Time Attendee's Welcome Reception. At check-in, each first-time attendee will receive a name tag and a packet of information. Once checked-in, the attendee can go to the welcome reception. This event is designed to ease first-time attendees into the conference weekend. At this reception, attendees will have the opportunity to meet others attending for the first time. They will also meet Board Members and Regional Coordinators. After the 30-minute reception, first-time attendees will be invited to join the other conference attendees at a dessert reception. We recommend having dinner prior to check-in.

2022 TTSGI CONFERENCE – FREQUENTLY ASKED QUESTIONS

During the conference, there will be keynote speaker sessions, breakout sessions, memorial events, and workshops. Our goal is to offer ample time for sharing. However, no one is required to speak. Between sessions, there will be scheduled free time for attendees to relax, reflect, and casually meet others. Finally, we will have a closing banquet on Saturday evening, followed by our annual charity auction. Plan to depart on Sunday.

WHAT MEALS ARE INCLUDED?

Thursday – No dinner provided; Light dessert reception provided

Friday Breakfast – Hot breakfast is provided at the hotel and is included in your room rate

Friday Lunch – Not provided

Friday Dinner – Not provided

Saturday Breakfast – Hot breakfast is provided at the hotel and is included in your room rate

Saturday Lunch – Not provided

Saturday Dinner – Banquet meal provided

Sunday – Hot breakfast is provided at the hotel and is included in your room rate

DOES THE HOTEL HAVE A FITNESS CENTER? Yes, there is a complimentary fitness room with a yoga studio.

WHAT IS THE COST TO ATTEND THE CONFERENCE?

Early Bird Fee (January 2 - February 28, 2023):
\$240/person

Regular Registration Fee (March 1 - June 10, 2023):
\$290/person

Walk-In/at door registration Fee (July 13, 2023):
\$340/person

One parent accompanying a minor child (under 18) can pay a reduced fee of \$100 because TTSGI requires that a parent also attend the conference.

Note: There are no discounts for partial attendance. TT member paying the registration fee can attend as much/little of the conference as he/she is able. TTSGI does NOT offer day rates.

*All attendees must register individually. The registration does not include hotel reservations.

WHAT SHOULD I DO IF I HAVE TO CANCEL AT THE LAST MINUTE? Unfortunately, we are unable to refund any registration fees 30 days prior to the conference. The last day to receive a refund for registration fees is June 10, 2023. After June 10, we are unable to refund registration fees for any reason. The conference center requires our final attendee count one month prior to the conference, and they calculate our cost based on that number. The conference center is unable to make cost adjustments for last-minute cancellations. For hotel cancellations, please contact the hotel directly regarding their cancellation policy.

WHAT IF I WANT TO ATTEND BUT AM UNABLE TO AFFORD THE CONFERENCE? Please contact our Executive Director, Michelle Getchell at contact@twinlesstwins.org to find out about possible assistance.

CAN I TRANSFER MY REGISTRATION FOR THE CONFERENCE TO ANOTHER MEMBER OR FAMILY MEMBER? No, we do not allow transfers of registrations.

The Conference Committee, the Board of Directors and the Regional Coordinators are all looking forward to a great conference full of companionship, making connections, sharing our stories, a powerful keynote address, worthwhile break-out groups and most importantly seeing you all there!

If you have any further questions or concerns, please consult your Regional Coordinator or our Executive Director, Michelle Getchell at contact@twinlesstwins.org.

COVID POLICY: IN-PERSON GATHERINGS

Effective August 22, 2022

We recognize there is no substitute for the life-enriching power of in-person twin connections. Moving forward, TTSGI is committed to resuming in-person gatherings without the need for a COVID waiver.

Expectations for In-Person Event Attendees

- Each attendee is responsible for taking whatever measures they believe are necessary to protect themselves and others from exposure to the COVID-19 virus. We are a supportive community of grieving twins, and it is our responsibility to look out for one another.
- Participants should not attend an in-person event if they have any indication of COVID-19 symptoms, test positive for COVID-19, or have been exposed to someone with symptoms or someone suspected or confirmed to have COVID-19.
- By registering for a live, in-person event, you agree to follow all safety protocols requested by the organizer of the event and by the event venue at the time of the event.
- It is strongly recommended that all participants be fully vaccinated prior to attending an in-person live event. Vaccines have proven effective in eliminating the most serious COVID health risks for most people.

Expectations for Regional Coordinators

- Regional Coordinators (RCs) will follow current CDC guidance while planning meetings to minimize the risk of COVID transmission.
- RCs will take all appropriate COVID precautionary measures in accordance with local policies in their specific regions at the time of their in-person events.
- RCs will communicate the following information in their correspondence with in-person event attendees:
 - Each attendee is responsible for taking whatever measures they believe are necessary to protect themselves and others from exposure to the COVID-19 virus.
 - An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely

contagious disease that can lead to severe illness and death.

- TTSGI cannot guarantee that you will never get exposed to the virus or get sick from it. By attending a TTSGI event, you voluntarily assume all risks related to exposure to COVID-19 AND release TTSGI from any liabilities related to COVID-19.
- Participants should not attend an in-person event if they have any indication of COVID-19 symptoms, test positive for COVID-19, or have been exposed to someone with symptoms or someone suspected or confirmed to have COVID-19.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. TTSGI cannot guarantee that you will never be exposed to the virus or get sick from it. By attending a TTSGI event, you voluntarily assume all risks related to exposure to COVID-19 AND release TTSGI from any liabilities related to COVID-19. If you have any reservations about being exposed to COVID-19, please take advantage of TTSGI's virtual opportunities.

Summary

- TTSGI is resuming in-person events.
- No COVID waiver is required.
- Be mindful and respectful of others and their personal comfort level.
- Do not attend an in-person event if you have symptoms, test positive for COVID-19, or have been exposed to someone with symptoms or someone suspected or confirmed to have COVID-19.
- By attending a TTSGI event, you voluntarily assume all risks related to exposure to COVID-19 AND release TTSGI from any liabilities related to COVID-19.
- If you have any reservations, please connect virtually until you are prepared to assume all risks related to exposure to COVID-19.
- Enjoy connecting with other twinless twins in-person!

Questions?

Please feel free to reach out to Michelle Getchell, Executive Director, at contact@twinlesstwins.org.

"TOGETHER WE WALK"



"I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness. We are all together, reaching out our hands for strength greater than ours, and as we join hands, we find love and understanding beyond what we could ever have imagined."

I am very pleased to announce that we will, once again, be holding our Annual Memory Walk at our 2023 International Conference in Cincinnati, Ohio, on Saturday, July 15th. I encourage everyone to join us for this incredible and moving experience.

Last year, in Denver, as we joined hands on that beautiful Saturday afternoon in July, the Memory Walk became about each twinless twin's healing journey and as they took each step, they didn't have to walk alone.

I am deeply grateful for the generosity and support of those who have donated to our walk during the past years. Your gift does make a difference! Because TTSGI is a non-profit organization, your gift helps us to continue to support twins and other multiples that have lost their twin due to death or estrangement. I promise you that your donations to Twinless Twins will be used wisely.

Please consider giving in memory of your twin. Please ask family and friends to join you in this endeavor and add their names and details to the donation form in this newsletter. A number of twinless twins raised a considerable amount last year from family and friends and you can do the same - you'll be surprised as to how generous others will be!

Or, if you would like to donate online, please go to our website: [twinlesstwins.org/donate](https://www.twinlesstwins.org/donate) and remember to indicate that your donation is for the Memory Walk.

Please see the following Frequently Asked Questions and the Donation Form in the newsletter.

Q: What is the Twinless Twin's Memory Walk?

A: The Memory Walk is an event to raise funds to provide support for twins and other multiples who have lost their twin due to death at any age. We are a non-profit organization that depends on charitable donations from twinless twins, their friends and family and the community to fund our organization so we can continue to reach out to all twinless twins. We would like to take this opportunity to raise funds to support our mission of "healing through helping others" so that no twin ever has to walk alone.

Q: How is the money collected?

A: There will be two ways for you to get your donations to TTSGI.

1. The enclosed donation form, along with your donations can be sent to Margaret Daffin, Chair of the Memory Walk. If possible, Margaret would like to have all your donations mailed to her by **July 1st**. Please do not send cash. Margaret's mailing address is:

Margaret Daffin
11423 Gallant Ridge Lane
Houston, TX 77082

Please make checks payable to TTSGI and write Memory Walk on your envelope. If you are sending your donation form to Margaret, please be sure to put your twin's name along with your name on the form.

2. Your friends, family and community have the option of donating to TTSGI online by using our website at www.twinlesstwins.org. The donate button is located at the top of our home page. By clicking on that button, they can go to a secure server to make their donation. Be sure they note that this is a Memory Walk donation.

Tax receipts will be sent out to all donors as a thank you from our organization.

Note: 50% of the money raised from the Memory Walk is allocated to the Scholarship Fund to assist twins in attending future annual conferences. The additional 50% is allocated to the General Operating Fund.

Q: Are donations tax deductible?

A: Yes. All donations are tax deductible in the United States. Twinless Twins Inc. is a 501(c)(3) non-profit organization making your contribution tax deductible within the limits of the law.

If you have any questions about the walk, please contact me at medaffin@aol.com.

Thank you for your support of TTSGI.
Margaret Daffin, twin to Josie
Chair of the 2023 Memory Walk

MEMORY WALK 2023 DONATION FORM



Your Name _____

Donations in Memory of _____

	NAME OF DONOR	ADDRESS & EMAIL	AMOUNT
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			

Please make checks payable to: Twinless Twins Support Group International (TTSGI)

Conference Information: I will be attending the Cincinnati Conference.

I will not be attending the Cincinnati Conference.

AFFINITY GROUP ZOOM MEETINGS FOR TWINLESS TWINS

Organized by Carolyn Shane, twin to Cary,

Since June of 2021, through Zoom, TTSGI has made it possible to connect Twinless Twins around the country and even around the world, going beyond our traditional regional meetings to create specialized affinity groups. With support from our TTSGI national organization, we now have a flourishing program of specialized meetings determined by how twins lost their twin or how recently that loss occurred. These meetings are announced in the Twinless Times, on Facebook, on our Website and through individual email invitations. This is one of the best benefits of your membership in TTSGI as only members can attend these meetings. In this article below, you will find a listing of each of these “affinity groups,” along with the date of their next meeting. We also report in the Twinless Times on meetings that have already taken place.

I encourage each of our members to take advantage of these offerings and put at least one of these dates on your calendars now. Every “affinity group” has a host and a facilitator. When you receive the email invitation from the host, all hosts are listed below with their “affinity group,” be sure to open the email and respond positively. Once you “sign up for the meeting,” you will be contacted through email and given the Zoom link the day before the meeting. There are a few “affinity groups” that are sending the Zoom link in the initial announcement email without requesting an RSVP. We understand that those members who do receive the link in advance are well aware that the link they receive is unique to them and know the importance of not sharing it.

Kindly requesting Zoom Gathering etiquette: If you want to sign-up for a meeting but you are not sure you can make it, then when you RSVP let the host know at that time you are a MAYBE. If your plans change for whatever reason and you no longer can attend the Zoom Gathering, then PLEASE let the host know so those on the call will not wait in vain for you to get on Zoom. If you are going to be late, by five or more minutes, then PLEASE let the host know so those on the call will not wait for you to begin the gathering. Thank you!

We hope you will take advantage of this program. No one understands us more than another twin whose twin has passed away.

Affinity Group	Host	Facilitator	Meeting Date
Suicide Loss (4x year)	Will Deutschendorf	Joan Angelis	April 15, 2023 July 15, 2023 (tentative) Oct. 21, 2023
Early Loss from the womb thru age 3	Carolyn Shane	Alyssa Pratt	Aug. 27, 2023
Alcohol and Drug Overdose	Carolyn Shane	Jessica Wickey	Mar. 25, 2023
Recent Loss: 3 years or less	Ed Echeverria	Ed Echeverria	Mar 11, 2023 May 13, 2023
Unexpected and Sudden Loss due to health issues or accidents	John Watson	Beverley Smyk	Apr. 22, 2023
Traumatic and Violent Loss includes murder, wrong place/wrong time	Carolyn Shane	Margaret Daffin	Apr. 30, 2023
Mature Loss: 15 years and beyond	Carolyn Shane	Ruth Selig	Mar. 19, 2023
Long-Term Illness	Garry Rayno	Jan Konya-Grabill	Mar. 26, 2023
First Contact/New Members	Patricia Wilbee-Matesic	Alyssa Pratt	May 30, 2023 Aug. 19, 2023
Men's Only Group	Margaret Gron	Margaret Gron	Spring, 2023
LGBTQ+ (our newest group)	Ed Echeverria	Larry Adams	May 13, 2023 Sept. 9, 2023

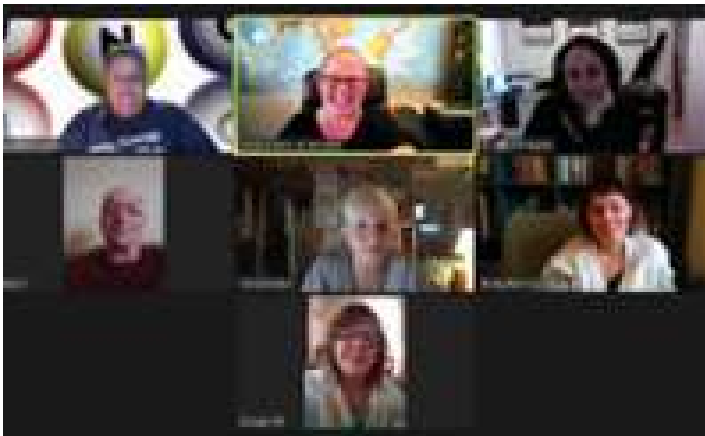
AFFINITY GROUPS



Recent Loss Affinity, January 7, 2023
By Eduardo Echeverria, twin to Alfredo



Men's Only Affinity
By Margaret Gron, twin to Edith



Drug and Alcohol Related Tragedy Affinity
By Carolyn Shane, twin to Cary



Suicide Loss Affinity, January 21, 2023
By Joan Angelis, twin to Jean

REGIONAL GATHERINGS



Nov 2022 Northeast Regional Zoom
By Carolyn Shane, twin to Cary



Sept 2022 TTSGI South Central Zoom
By Margaret Gron, twin to Edith

WELCOME TO OUR NEW REGIONAL COORDINATORS



GLORIA CHIANTELLA

Regional Coordinator, Mid-Atlantic Region

Gloria, is twin to Tony, who passed away in October 2018, due to complications after cancer surgery. She found Twinless Twins during a time of great mourning in 2019 and attended her first Mid-Atlantic Regional Gathering live in the fall of 2019. This was followed by several Zoom Regional Gatherings in the following years and the National Conference in 2022. Gloria finds great encouragement being with other lone twins and looks forward to fostering times for us to support each other in grief and to gain wisdom while honoring our twins.



KIM LIFTON

Regional Coordinator, North Central Region

Kim has been following Twinless Twins since the death of her twin, Hope, in 2001, from a pedestrian-auto accident. Kim has always wanted to give back to other twins going through unthinkable tragedy. Kim officially joined the organization in 2019 with the intention of offering support to other members of the twinless community. Through TTSGI, Kim has found great comfort (and many new friends!) in the collective love, respect, and support shared within this community.

IMPORTANT: BOARD POSITION OPENINGS

This is your chance to nominate a member for the TTSGI Board of Directors for the 2023-2026 Term of Office. You have until April 15, 2023 to send your nomination to Vice President Jan Konyca-Grabill at jantwintohal@gmail.com.

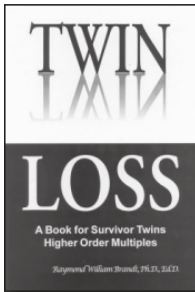
CRITERIA AND DESIRABLE QUALIFICATIONS

1. Must be an active member of TTSGI for at least two years and have a pattern of attendance and giving and is willing to donate their time, talent and/or treasure.
2. Must have been a twinless twin for at least two years, who is in a good place in their grief journey and is able to cope effectively with their loss.
3. Must demonstrate integrity and ethics and abide by the TTSGI Code of Conduct.
4. Able to act with tact and diplomacy in interactions with other twins.
5. Able to demonstrate empathy and discernment and able to keep sensitive issues confidential.
6. Must have access to and be proficient with technology in order to communicate with Board through emails.
7. Must attend the Annual TTSGI Conference at their own expense. All other Board meetings are typically held using an electronic platform.
8. Must be willing to participate in administrative duties that may be assigned to them.
9. Must be willing to commit to entire Term of Office, which is for three (3) years.

PROCESS

1. The Nominating Committee will review the recommendations that are received by April 15, 2023, and submit the list to the Board for evaluation.
2. The Nominating Committee will review the proposed candidates using the above criteria and other desirable qualifications. They will also consider whether a candidate brings diversity to the board. This will help to ensure an inclusive and welcoming Board of Directors. Factors include geographical location, gender, race, type and age of loss, type of twinship, and other considerations.
3. The Committee Chair will then present the slate at the General Business meeting. This meeting will be held during the Annual Conference, on Saturday. There will be no nominations taken from the floor.

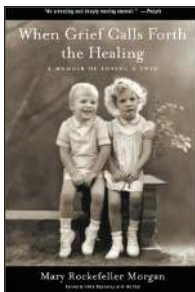
RECOMMENDED TWIN BOOKS



“TWIN LOSS”

By Raymond W. Brandt, PhD

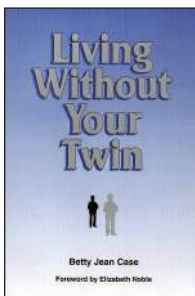
Dr. Brandt was the founder of Twinless Twins Support Group International and was considered by many an authority on twin loss. The 400-page book discusses all aspects of the loss and also speaks to the family members on how to help the survivor twin.



“WHEN GRIEF CALLS FORTH THE HEALING”

By Mary Rockefeller Morgan

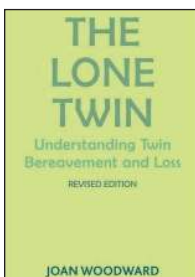
In this startlingly frank and moving memoir, Mary R. Morgan struggles to claim an individual identity, enabling her to face her twin brother Michael's death and the huge loss it engendered. With remarkable candor, she shares her spiritually evocative healing journey, which moves her forward into a life of new beginnings and meaning, especially in her work with others who have lost a twin.



“LIVING WITHOUT YOUR TWIN”

By Betty Jean Case

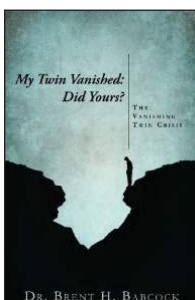
TTSGI receives a donation each time one of author Betty Jean Case's books is purchased through us. Betty was a twin, who grew up with twin siblings and had a set of twin grandsons. This 150-page book discusses how to keep living without your twin and best friend by your side. It also explores the uniqueness of twin loss.



“THE LONE TWIN: A STUDY IN BEREAVEMENT AND LOSS”

By Joan Woodward

The reader is taken through the closeness of being a twin, including its negative aspects and twins' need to be different to one another. But what happens when twins are separated, especially by death? The text examines death and bereavement of twins, including the parental attitudes to the surviving twin, the surviving twin's guilt, coping, bereavement in childhood and adulthood. The book also covers the psychological effects in later life for children who lost their twin at birth. Throughout, the book is illustrated by the words of lone twins themselves. This book is available through the TTSGI website or through the distributor, International Specialized Book Services. <http://www.isbs.com/partnumber.asp?pnid=307963>



“MY TWIN VANISHED DID YOURS?”

by Dr. Brent Babcock

A survivor himself of a vanished twin, Dr. Brent H. Babcock is sharing with the public for the first time his knowledge concerning the vanishing twin.



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WRITE FOR THE TWINLESS TIMES NEWSLETTER

All members are invited to submit articles for publication in the Twinless Times. The email subject should be “Twinless Times Submission.”

Submit to: twinlesstimes@yahoo.com

Stories about you and your twin are always welcome and rewarding to see in print. Our founder, Dr. Brandt, encouraged the act of writing as a means to healing.

We value articles about twin meetings, conferences, your healing journey, twin book reviews, poems, or words of wisdom. Photos can be emailed with your article in JPEG format. Please be sure to identify each person in your photos.

All articles should be sent as a Word document and we ask that you keep any article to 500 words or one page.

TWINLESS TIMES BY MAIL

We hope you are enjoying the full color electronic copy of the Twinless Times. However, if you are still interested in receiving the Twinless Times as a mailed hard copy, please send your name and address to Michelle Getchell at contact@twinlesstwins.org and she will mail it to you. Please note that the holiday issue will still be mailed to everyone.

NEWSLETTER ARTICLE SUBMISSION DEADLINES

Spring Issue: February 10th

Summer Issue: May 12th

Fall Issue: August 11th

Winter Issue: October 20th

Submissions should be emailed to:
twinlesstimes@yahoo.com

Twinless Times Co-Editors:
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