

# TWINLESS TIMES

@Twinless Twins Support Group, International

FALL 2013



## THE 2013 TWINLESS TWINS CONFERENCE — LOS ANGELES, CALIFORNIA



### President's Corner

Recently, another annual conference concluded. There are many thanks for every twin who makes this organization and conference possible. Many labour tirelessly for us to be present as peer to peer support in our twin loss.

At this year's conference, a more representative age demographic was apparent. Younger twins may have found us from our Facebook page, which currently has in excess of 750 members.

In acknowledgement of this changing demographic, our Board has three new members. I am very pleased to introduce Lea Eriksen, Becky Sehenuk and Matt Vierling. They bring an invaluable skill set to our organization with twin loss empathy.

Lea has a fabulous administrative background. She has led a breakout group at our conference and looks after our TwinLinks e-mail newsletter. Recently, Lea has volunteered to be our new Twinless Times newsletter editor.

Matt and Becky are responsible for the creation of our new website. Both have excellent experience in this area and graciously and most generously donated their time and talent to bring our new website to life. Their talents outside of this are considerable.

I am also pleased to announce the Board has created a Board Emeritus position and our Past President Renie Hallford has graciously agreed to accept this post. In this capacity, Renie will attend board meetings and participate

*(Continued on page 8)*





# THE EMPTY CHAIR

## “IF I COULD JUST SEE HOPE”

By Sandy Goad

Like a firestorm blazing through a forest, the grief of losing a twin seems to leave nothing but ashes in its path. The hope and meaning in life appear to vanish. Yet even after a forest fire eventually there is new growth. You too can experience hope and the promise of new growth as illustrated in the story below.

When hurricane Andrew swept onto South Florida several years ago, it destroyed homes, wiped out neighborhoods, took some lives and some futures, wiped out businesses and left Dade County looking like a war zone. One of the things that hurt to look at was the trees. . . those that had not been uprooted, torn apart or blown away were completely defoliated. There were naked skeletons of trees upon our barren landscape. . . an area that is, despite its metropolitan design and large population, usually tropical green and lush with foliage now seemed to be nothing but broken concrete and shattered glass. Even the tree trunks wore that dead gray look that offered no color, nor comfort.

Even as the trees began to “come back” and we realized it would literally take years for the damaged areas to return to the lush green we had grown accustomed to, we knew it would never again be the same in Dade County. But as the sun broke through in places that had always been in shade before, something new took place. That winter, there was an abundance of wild flowers... beautiful bright flowers covered the ground in places that even grass would not grow before. Experts were amazed, as flowers that had not grown here for generations suddenly bloomed in abundance... and flowers that had always bloomed here suddenly were everywhere... everywhere! Apparently the stripped trees had allowed sunlight into places that it had not touched for so long... even touching on dormant seeds that had lain in the dirt for years. Salt water that had drenched the inland soil had damaged roots and leaves of existing plants, but fresh rains had rinsed it and left nutrients behind that the soil had been without. Nutrients these little flowers had needed to grow.

I was thinking about this, and remembering... and it struck me that grief is like that. As we look at the devastation left behind by our losses, we realize it will never be the same again. As we feel emptied out and stripped of the hopes and dreams we had held on to, we find ourselves laid bare to the elements... exposed in a way

we have not been before. But just like the aftermath of a hurricane, as we struggle to pick up the pieces and resume some sort of life ... a different life ... we find flowers - flowers we may never have seen if the horrible storm had not entered lives. Flowers like friends who we may never otherwise have known, tenderness for suffering we may never have been sensitive to, appreciation for life, love and the blessings we used to take for granted.

There is nothing in this world that could make me want to experience another hurricane. There is nothing that will ever make it alright to me to have lost a twin... not once, not five times. But I do know that there are things I can be thankful for in the aftermath. ♥

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# POWER OF POSITIVITY - FOR BIPOLAR & ANYONE ELSE

By Fred Von Gunten



This is an excerpt from my Book: [http://www.amazon.com/ "Power of Positivity For Bipolar & Anyone-Else"/dp/1478110147](http://www.amazon.com/Power-of-Positivity-For-Bipolar-&-Anyone-Else/dp/1478110147)

---This is a sad story, but still one of redemption. I hope it will help others when dealing with their twin loss and with the depression or bipolar disorder, and to know that their life, too, can change for the better even after a sad event.

After 35 years have gone by, I still miss my identical twin brother, but his death was not in vain. For I have achieved over 29 years of "episode free emotional stability" with bipolar disorder. Perhaps a large number of people

want an identical twin in their life, maybe because it fills a need to be themselves "twice over". That is a positive need because it makes them feel that if one of them is at fault (for anything), the other will not be. It is not the look-alike (glasses, clothes, facial expressions, or hair line) that identifies identical twins. It is what lies inside of them: a double soul that contains a deep knowledge of who each one of them really is--in reality, their true identity.

I had that privilege for a short while (36 years), to live with my identical twin. But, 35 years ago a biochemical imbalance took him away from me. He took his own life in a deep depression resulting from his bipolar disorder. You cannot escape your own attitudes, for they will form the nature of what you see. And those attitudes may always control a negative image of your past, if you permit it.

I chose to look to the future and have my identical twin lead me to my own bipolar stability, fighting the same biochemical imbalance that we both shared. He and I are still the same, but also very different. Because I am alive, he is not. However, some of him is ... still with me.

There was a choice I had to make, to climb out of that dark side of my life and to overcome a very personal loss and make it into a positive. My twin's death provided redemption, pushing me toward building my positive attitude, so he did not die in vain. I am reminded of some simple decisions and choices I needed to learn while trying to replace the grieving of my brother's death.

(These decisions and choices can be found in my book). ♥



# THE IMPORTANCE OF TTSGI IN DEALING WITH TWIN LOSS

By Terry Lewis-Foor, twin to Sherry Lewis

Twins have a special bond that other people don't understand. I was fortunate to find Twinless Twins Support Group, International soon after my identical twin Sherry's brutal murder on August 5th 1994. After 19 years, her case remains unsolved. Sherry was a Real Estate Agent who was killed in a home, which she had an appointment to show.

TTSGI has helped me understand the deep grieving, that I, as a twin suffer. I recently returned from the Twinless Twins Support Group's Annual Conference, held in Los Angeles this year, and met many new Twins who have recently suffered the loss of their twin.

I have now been to 12 annual conferences and several regional meetings in the Chicago area, with my first in 1995. Today, many twins are able to find TTSGI on-line, but in 1994 you had to find Dr. Raymond Brandt, the founder, on national TV and radio programs. I can't imagine how I would have made it this long without my precious twin if I hadn't found the support of Dr. Brandt and TTSGI.

Terry Lewis-Foor, twin to Sherry Lewis 8-5-94 ♥



## PRESS RELEASE



The Decatur Police Department and the Macon County Sheriff's Office are seeking your assistance regarding two (2) unsolved murder investigations. With the anniversary dates of both murders soon upon us, our Agencies are jointly announcing a sizeable monetary reward being offered through the Decatur Area Crime Stoppers program for information regarding these investigations.

Through an anonymous donor, a **reward of \$10,000 each** has been offered for Crime Stopper information leading to the arrest and formal court charging in the Sherry Lewis and Caleb Witty Murder Investigation. These generous rewards are being offered for information provided to Crime Stoppers **by August 31, 2013**, leading to an arrest and formal court charging. Both the Macon County Sheriff's Office and the Decatur Police Department are encouraging anyone with information on either of these two cases to take advantage of this narrow window of opportunity to receive \$10,000 for their information.

Information regarding these murders can be provided to Crime Stoppers by calling **423-TIPS (8477)**.

Sherry Lewis, a 30 year old Macon County area real estate agent, was found murdered on 08/05/94, at a residence for sale on Finch Drive, West of Greenswitch Road. This murder occurred in Macon County's jurisdiction and is still being investigated by the Macon County Sheriff's Office today. It remains unsolved. The Macon County Sheriff's Office Detective Division can be contacted by calling 424-1337.

Caleb Witty, 17 years of age, was walking with his sister on 08/04/11, in the area of 2200 Block East Johns Avenue, Decatur, IL when he was murdered during an armed robbery. While the investigation has remained open and active, Decatur Police Detectives are seeking additional information. The investigation remains unsolved. There were two persons involved in the Robbery/Murder of Caleb Witty. Decatur Police Detectives can be reached at 424-2734.

DPD Lieutenant Jason Walker  
swalker@decaturil.gov

MSO Lieutenant Jon Butts  
jbutts@sheriff-macon-il.us

## VISIT TO STANBROOK ABBEY, JUNE 29TH

*By Janet Baird, twin to Margaret, UK Affiliate Member*



*C*ur visit to Stanbrook Abbey to see Sister Julian on June 29th 2013 was one of those golden days, which only happen every so often in your life. The light danced on the honey yellow of the Abbey stones... the sisters' voices were ethereal in the chapel during midday office... and we had a picnic lunch outside the Abbey in a patch of uncertain July sunlight, with the most unbelievable view stretching away across the Vale of York.

Six of us were there this year and I was the only one who had been last year, so it was an almost magical experience for the first timers. There is indeed a special feel about Stanbrook which seems to be particularly uplifting for Lone twins.

We arrived at 11.30 am after a swift and comfortable car ride, thanks to Frances who drove all of the Harrogate contingent up Sutton Bank. Linda met us there and was already enjoying tea and lemon cake, made by Sister Julian. We all sat in the visitors' parlour with Sister Julian and after some brief introductions we left for the 12.30 midday office in the Chapel. We sat in a row at the back and watched the sisters file in. The service was moving and inspiring and we felt privileged to be there...

Then we went outside to the sunshine and pooled our picnic on the table and sat around on wooden benches to enjoy lunch. It was like eating lunch on the top of the world.

After lunch and group photos we went back inside to the parlour and resumed our meeting. After all the Lone twin introductions, I read a poem about the Stanbrook holding cross and we also discussed the Lone twin bench dedication on June 15th. There was a lot of interest in this and everyone loved the giveaway memorial card I showed them, with the picture of the bench. We decided we would visit the bench in the near future if we could arrange transport.

Then I told everyone about future meetings: London on October 12th and Harrogate on November 2nd. We ended our visit with Sister Julian showing us a beautiful blank book — which she is keeping as a Lone Twin Book at Stanbrook for all visiting Lone twins to sign and write in. Sister Julian has inscribed the most beautiful inscription on the first page in the shape of a rose, representing the unbroken link, with words by Robert Herrick.

*“Love is a circle that doth restless move  
In the same sweet eternity of love.”*

The meeting ended at 3.30 pm and then we went to the shop to buy hand painted cards by Sister Julian and a selection of beautiful photos of the Abbey. Sister Julian also gave us a calendar each, with views and pictures of the Abbey. We drove off, leaving Sister Julian waving at us ... feeling sad to leave but also radiant after a very special Lone twin meeting. ♥

# Thank You



hours of work in every capacity, THANK YOU! THANK YOU!!

**W**OW!! The feeling that I have from being at the conference to bring back home with me is just wonderful. I belong once again to a family, being with my twin family and sharing all our sorrow, tears, pain, anger and even joy, is healing. To all the new twins that came, I really commend you for making this huge step; to those returning for a second time, I love seeing you again and getting to know each of you as part of this twin family, and lastly to all the twins that return and your endless



The conference is so valuable and so badly needed by all twinless twins for our healing. My identical twin, Elaine was killed on March 26, 1997 when she walked in front of a

parked semi. The driver could not see her and pulled forward to close his back doors. She was knocked down and run over, killed instantly. She and her husband were driving for Engelland Trucking for only six months but enjoyed seeing the USA. From that day---I vaguely remember how I continued to survive. Everything in my life was gone,

Elaine was my leader, main stay, best friend, companion, loving sister, identity, confidant and now what? TTSGI has been a blessing to my healing and I dearly love my twin family.

Eileen Jensen, Southwest Regional Coordinator, *twin to Elaine* ♥

## DAWN BARNETT, RECIPIENT OF THE 2013 DR. BRANDT AWARD

### Thank You from Dawn Barnett, twin to Daryl

Hi Everyone,

Now that I'm back home I just wanted to let y'all know how honored I felt receiving the coveted Dr. Brandt Award and thankful to you for having the confidence in me in so nominating me for that achievement. I'm sorry I didn't say more when Michelle called me up but most of you know how mortified I am to get up in front of people and my mouth was totally dry from running around selling tickets. All I could get out of my mouth was what I said; the award was in honor of my twin, Daryl and Dr. Brandt for which I do this work. But had I been able to, I would have thanked each and every one of you for the years I spent on the board with you and how I think of you as family. I have a passion for this organization, as I know all of you do. As far as my health will allow me, I will do all I can to help grow TTSGI. I think I've found my niche in Facebook and will continue to help all who come on this site.

Again, I love y'all and thank you from the bottom of my heart. ♥



Michelle Getchell and Dawn Barnett

# TWINLESS TWINS SUPPORT GROUP INTERNATIONAL

## 2013 DONATION FORM

Please enter the required information below if you would like to sign up as a Donor for Twinless Twins Support Group International.

Please print **this form** and mail it, along with your check, money order, or Visa/MasterCard/Discover information to:

**Twinless Twins Support Group International**  
**P.O. Box 980481**  
**Ypsilanti, MI 48198-0481**  
**Or fax to: 1-888-205-8962**

(Alternatively, you may make your donation online at [www.twinlesstwins.org](http://www.twinlesstwins.org) and use the DONATE button in the middle of the left hand side of the home page.)

### Designate Funds – please check one:

- |   |   |
|---|---|
| <input type="checkbox"/> General Fund     | <input type="checkbox"/> Conference Assistance Fund |
| <input type="checkbox"/> Scholarship Fund | <input type="checkbox"/> Matching Gift              |

### CONTACT INFORMATION:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Country \_\_\_\_\_

Phone No. \_\_\_\_\_ Email \_\_\_\_\_

### PAYMENT OPTIONS:

Amount of Donation: \_\_\_\_\_

### *Canadian twins should send money orders in U.S. funds only*

- In full at this time     Check enclosed     Credit Card
- During the month of \_\_\_\_\_
- By making pledge payments of \$\_\_\_\_\_ for \_\_\_\_\_ consecutive months/years
- My company has a Matching Gifts Program. I am mailing a completed form. If so,  
Name of matching company \_\_\_\_\_  
Recognition for the Newsletter \_\_\_\_\_

Name on Credit Card: \_\_\_\_\_

Type of Credit Card: \_\_\_\_\_ (Visa/MasterCard/Discover)

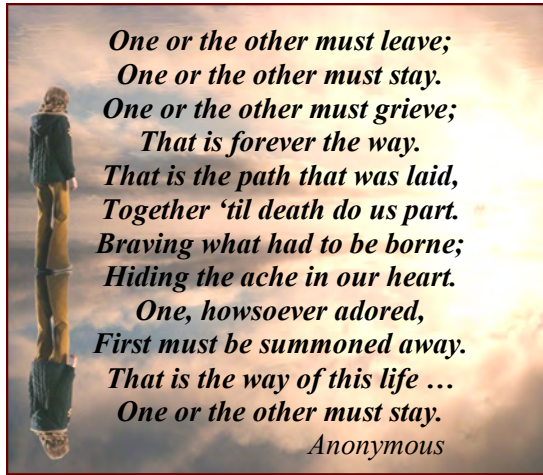
Credit Card Number: \_\_\_\_\_ (no dashes or spaces)

Credit Card Expiration Date: \_\_\_\_\_ (mm/dd/year)

Twinless Twins, Inc. is a 501(c)3 nonprofit tax-exempt organization and your donation is tax deductible within the limits of the law.

## ONE OR THE OTHER MUST STAY

A Poem for Us Twinless Twins...Originally written for those that have lost their mates but I changed but one word and there it was...a poem that fit us. A tearjerker, yet perhaps one more step toward the ongoing healing of us "who have stayed".



With tears in my eyes, I once again thank this wonderful organization and all of the friends I have made that will become life-long friends as we "stay". I had a thought, and since this rarely happens anymore (!), I wanted to share it with you.

After this year's conference in L.A., my second conference, and after once again feeling so incredibly blessed by all that I gain at each and amazed at how much obvious thought and organization is put into planning each conference. For no other reason than to help each of us walk through this life a little more easily, I couldn't help but picture a Twinless Twins' Organization wherever our twins are now... for them and for their comfort. I know they meet regularly and tell stories about us and share a bond with all whom are there. So I look forward to the day that I see Brien again; and, before anything else, we will just hug and hug and hug; but then we will let go of each other and turn and...both of us will wave goodbye to our Rays, our Daves, our Michelles and our Johns...and then we will turn and never look back...but never forgetting either.

Barb Terry, *twin to Brien* ♥

## HOW DOES IT FEEL TO BE KNOWN FROM THE START?

How does it feel to be known from the start?

A feeling of fullness inside my heart  
People who "get it", they already know  
They've suffered the loss and sorrow  
Twins who walk with me along the road  
A friend to guide me and lighten the load  
How can it be, we laugh and have fun,  
The clouds have lifted and there is the sun  
We honour a love, the gift of our twin  
Sharing together to feel whole again

Jennifer Rudd, *twin to Janet* ♥



(PRESIDENT'S CORNER—Continued from page 1)

fully while not being franchised or hold responsibility. We are indeed fortunate to have Renie who navigated TTSGI through some very uncertain times and laid much of the groundwork that our current board benefits from. His wisdom and guidance will continue to benefit TTSGI.

I am indeed humbled and in awe of the Board that I'm fortunate to be part of.

After five outstanding years, Margaret Daffin and Celia Horner have decided that it is time to pass the Twinless Times newsletter torch. They leave with a professional product that has expanded over the years. It is something our twins look forward to receiving. I do continue to make the offer to recipients that may wish to forgo the postage to receive an electronic PDF version. An added bonus is that photographs are in colour. Just send me an e-mail. [Boyley@firstline.com](mailto:Boyley@firstline.com).

We had one Board member step down this year. Everyone who has attended a conference has seen Carolyn Shane as a devoted member. I had the pleasure of attending a NY/NJ regional meeting at Carolyn's home last year. I was impressed with the success of the meeting. I was therefore thrilled when Carolyn volunteered to become the Regional Coordinator for the Northeast Region.

The work is already well underway in planning the 2014 conference which will be held in Baltimore. Dates will be known after the hotel is selected and agreements signed.

Ray Boyle, *President* ♥



# CHANGING HATS

*By Carolyn Shane*

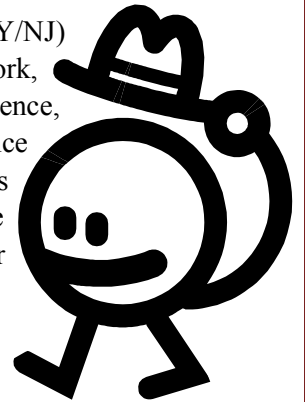


*M*y twin loss story is similar to and yet completely different from each of yours. Why? Because each of our stories and twin experiences are special; because we are special!

It is due to TTSGI that I owe my sanity; peace of mind and healing of mind, body and spirit. Do I miss my twin? Of course I do. But due to my involvement and TT friendships I have been able to heal and look forward to a positive active life with family, friends and colleagues.

It is my involvement with TTSGI as my simple way of saying, “Thank you” to everyone who has supported and encouraged me and to Dr. Brandt who had the foresight and inner strength to start TTSGI in the first place.

I began getting involved when I re-organized and began the re-constituted Northeast (NY/NJ) Region after our beloved Annie Bald suddenly passed away. Twins came from New York, Pennsylvania, Connecticut and all over New Jersey to attend a “strangers” home meeting. Hence, we came together and a second home of warmth, caring and support was found by many. Since I couldn’t do it all, those who chose to stay created our model of success which we refer to as our Team of 3 – a Triangle Team of Leadership. Kim Hafner was our chosen leader as the Regional Coordinator for five years. I worked diligently behind the scenes as Administrator or, lovingly referred to as, the Bag Schlepper.



During this time, I was asked to serve as a Board member of TTSGI. I was humbled and honored to have been considered and asked to serve. Of course, I agreed. I served as the Recording Secretary and one of the co-chairs of the Annual Conference. As things happen, I relinquished the position of Recording Secretary after three years as my involvement with the Conference and the Northeast region increased.

The years I served on the Board have been a wonderful experience working with a group of caring, dedicated members who give tirelessly of their time and energy. I especially want to take this opportunity to acknowledge and thank Past President Renie Hallford, current President Ray Boyle and our Executive Director Michelle Getchell for their extraordinary talents and devotion to TTSGI. It has been my privilege to serve You, the members, to the best of my ability. Though I have stepped down from the Board, it is only because I feel the tug of assuming more responsibility in my region, my baby so to speak.

As I place my Board hat on the shelf for now, I have accepted the position as the “official” Regional Coordinator of the Northeast Region.

Our region will still keep our Triangle Team of Leadership and I hope with continued support from our members, fellow RC’s, Sandy Goad and the Board the Northeast Region will continue to be strong and a source of support and friendship to those who need and reach out to us.

May TTSGI and all its members continue to go from strength to strength.

In Our Twinship,

Carolyn Shane ♥

PICTURES FROM THE 2013 TWINLESS TWINS CONFERENCE





PICTURES FROM THE 2013 TWINLESS TWINS CONFERENCE





# DEDICATION OF THE LONE TWIN BENCH - JUNE 15, 2013

By Janet M. Baird, *twin to Margaret*

I am just back from the dedication of the new Lone Twin Bench at the National Memorial Arboretum near Lichfield. <http://www.thenma.org.uk>. It was quite a journey... it took me more than 2 hours to drive from Yorkshire, as I had an argument with my sat nav and went down the A38 the wrong way. But a phone call to Jill Deeley (who was already there) reassured me I was finally going the right way and it only took me another 45 minutes to reach the Arboretum.

It is an amazing place, stretching over a beautiful tranquil meadow and forest area near the River Tame. There is a national memorial and obelisk for all the Armed Forces, attracting visitors from all over the world. By the time I reached the Arboretum, the main car park was full and I was shunted down the road to an overflow car park. Luckily, Nancy Power had been sent there too so it was good to see her and Sara. We collected our belongings and picnics and had to walk down to the main entrance. Jill and Maria were installed behind a welcome desk in reception and they gave us our blue ribbons to wear for the day. Then we met the other twins who had arrived and we had tea and coffee in the cafe.

The idea was to picnic in the grounds before the Bench dedication but the weather was undecided, so we settled for a picnic inside the small cafe tent, just by the polar bear memorial. It was just so good to sit around a table with lone twins and also friends and relatives, who were invited as well. Nancy gave out the beautiful memorial cards she had made. They had a sketch of the Bench on the front, drawn by Nancy and a poem about the bench inside, written by me.

The weather improved so we set off on the walk to the Bench. It is about a ten minute walk away, by the river and set by a meadow with a forest of young trees on either side. We all thought the spot was perfect and the Bench looked beautiful as the sun came out. It is light teak wood with a brass inscription plate on the back of the Bench dedicating it to Lone Twins...Maria told us that later in the year the meadow will be full of red poppies. We all gathered around and Jill started the proceedings by welcoming us and then introducing Joan Woodward, our Founder. Joan made a short but meaningful speech, saying that the bench

would be a place for all lone twins to come to. Some of the twins read poems, including 'Trees' by Larkin and a beautiful Christina Rossetti poem. We remembered the twins who couldn't be there for the dedication and Tim Knatchbull was mentioned, as sadly he couldn't be with us and the Celtic blessing was read. Rain was falling as we ended our ceremony but somehow it seemed fitting that the sunshine was mixed with rain as it reflected our feelings of joy, but also grief.

After the walk back to the cafe we were ready for tea and then said our goodbyes. Some of us had time to go back to our Bench, which was now bathed in afternoon sunshine. We scattered forget-me-not seeds around the bench and sat on the bench and reflected. The Bench will be a place of great meaning and value for all lone twins, especially if they have no memorial to remember their twins by.

We walked back by the main memorial and climbed up to look at all the names on the walls by the obelisk. It was sobering to see how many names were inscribed on them, dating back to the 1950's.

Finally we had to leave for the journey home but as I drove back up the A38, the right way.. I felt as if I had a new place in my heart to go to... a special place where I can remember my twin- and to remember I belong to a very special Network which supports all lone twins. I can't wait to go back when the poppies are out...♥



**The Lone Twin Bench  
Stands. Solid. Stable.**

**A place for  
All Lone Twins to be.  
Sit left, or right,  
Imagine the other  
Side filled with their  
other half.**

**The bench will wait,  
here,  
For as long as it takes.  
A focus, A hub,  
Where all twins  
Can be at Peace.  
For a little while...**

By Janet M. Baird

## IN RECOGNITION OF OUR CONTRIBUTORS SINCE SPRING 2013

Rebecca Abrams – in memory of twins, Joan and Sara Forsyth for Conference Scholarship  
Phyllis Ashliman – monthly pledge in memory of her twin, Phil  
Debe & Rick Bloom – donation of video equipment for use during the conference  
Raymond Boyle – monthly pledge in memory of James Joseph (Jimmy)  
Margaret Daffin – quarterly pledge and donation in memory of her twin Josie  
Miriam Doetsch - in memory of Raymond W. Brandt  
Laurie Everitt – in memory of her twin, Judy Anne Nobel Jakups  
ExxonMobil Foundation – for volunteer hours and matching grants by  
Margaret Daffin in memory of her twin, Josie Wilson  
Laraine Frost  
Goodsearch – website search engine  
James (Renie) Hallford – in memory of his twin, Ernest “Ernie” Lamar Hallford  
Marion Hearn  
Elise Hodges - Susan, twin to Robin  
Virginia Holleman - in memory of her twin, Betsy Katz  
Celia Homer – donation for services rendered for Summer 2013 newsletter  
Vikki Huntwork – in memory of my twin, Valerie, for Paula Floyd’s membership  
IGive.com – money earned from online searches  
Eileen Jensen – in memory of her twin, Elaine  
Kevin Johnson – in memory of his twin, Kelvin  
Terry Lewis-Foor – in memory of my twin, Sherry Lynette Lewis  
Donna Linscomb - in memory of her twin, Dianna Welsh  
Mary R. Morgan – general support and contingency fund, in memory of her twin, Michael  
John Roberts Motor Works Company  
Kelly Quinn  
Barbara Ritter - in memory of her twin, Bea Gianelli  
Ruth Osterweis Selig – gift of stock in memory of Rollyn Osterweis Krichbaum  
Beverly Smyk – monthly pledge in memory of her twin, Donna  
Dena Stitt – donations for conference expenses  
Colleen Sullivan  
Joan Tsotsones – in memory of my twin, Jean “I love you so because I have to”

We apologize if we have missed your name in this listing.  
Please let us know and we will recognize you in our Spring 2014 newsletter.  
Contact Margaret Daffin at [medaffin@aol.com](mailto:medaffin@aol.com) ♥

## What a Small World:

Today, September 2nd, whilst visiting Buckingham Palace in London with my niece, Susan (Josie's daughter), Paul Heiden, twin to Pete, who was also visiting Buckingham Palace with his friend Bruce, spotted me in the "Crown Room" - what an amazing coincidence! A wonderful twin meeting far from home.

Margaret Daffin, *twin to Josie* ♥



## I love you.

I am yet one voice that sometimes speaks for two.  
It is triple degree heat here in California, they say 110 in two days.  
There is a rainbow gathering in Jackson, Montana at a 7,000 foot altitude  
with hot springs and a beautiful happy experience.

Well I wonder, is it true?

I wrote from a mountain view.

I can see you or was it you from a cloud seeing me walking by a tree?

As light rises over a restless sea we are free, we are free.

What is toward eternity that we can be?

Perhaps one day it will all work out our way.

Do you remember sharing in the womb?

Consciousness you know perhaps again.

Perhaps next time a girl, would that make you happy?

Love, peace and blessing.

Daniel Hill. ♥

## THANK YOU TO BOARD OF DIRECTORS AND RAFFLE AUCTION TEAM

The Board of Directors and the Raffle Auction team of Carolyn Shane, Sandra Brown, Dawn Barnett and Dave Jones would like to thank all of our members and friends for donating auction and raffle items at the conference and for those of you who were present to bid on the auction and raffle items. I think you will all agree that the Saturday evening live auction is not to be missed and is always such a wonderful way to end the conference. As this is our biggest fundraiser of the year, we need your support and we certainly had plenty of it this year with lots of interesting and beautiful items for the raffle and silent and live auctions. A big Thank You! TTSGI made approximately \$9,000 from this year's raffle and auctions.

And then for those who helped us in the raffle/auction.

The Raffle/Auction team comprised of Carolyn, Sandra and Dawn and we would like to give a big THANK YOU to these people for their taking time away from the conference to help us out with the raffle, silent auction and live auction.

Margaret Daffin

Lea Eriksen

Diane Fisher

Doris Giroux

Paul Heiden

Eileen Jensen

Kevin Johnson

Venice Lacy

Terri Lewis-Foor

Caryn Oberman-Carolyn's cousin

Dena Stitt

Also, thanks to our wonderful auctioneer, Dave Jones. Because of their tireless efforts it made 2013 one of the most successful years for fundraising and we couldn't have done it without them!

Dawn Barnett, *twin to Daryl* ♥

## NEW EDITOR OF THE TWINLESS TIMES

We have good news - **Lea Eriksen**, one of our new board members, has agreed to take over as Editor of the Twinless Times, starting January, 2014. Currently, Lea sends out the monthly Twin Links via email to members and friends of TTSGI. Lea asks that if someone in the membership is interested in assisting her as co-editor of the Times, she would like to hear from them at: [princesslea111@hotmail.com](mailto:princesslea111@hotmail.com). ♥

## 2014 CONFERENCE

**TWINLESS TWINS 2014 CONFERENCE  
TO BE HELD IN BALTIMORE, MD  
SOMETIME IN JULY 2014.**

**MORE INFORMATION TO FOLLOW.** ♥



# 2013 LOS ANGELES CONFERENCE

*By Janet M. Baird, twin to Margaret*

I knew LA was different as soon as I left the airport terminal at 12 noon on Wednesday July 17th. There was a busy hectic feel on the streets as our shuttle bus slowly made its way to the hotels.

I arrived a day early to attend the Regional Coordinators' (RCs.) meeting on the Thursday. Most of the twins wouldn't arrive until Thursday. It was good to see everyone and catch up on news.

After breakfast on Thursday morning, the RC's met for their meeting which lasted until we had lunch with the Board. We then spoke with Mary R. Morgan who facilitates some of the sessions at the Conference. One of the things for which Mary is renowned is her book on twin loss, "Beginning with the End."

We finished our session around 4 pm, and went to have something to eat in the restaurant before Registration at 7 pm. The new twins had their own Reception earlier. There were 108 twins at the Conference including 31 new twins; their first time at the Conference. We all joined in the dessert reception. The Board Members and Regional Coordinators were introduced by name. Then the schedule for the conference was outlined by Ray Boyle, our President.

On Friday morning I went to the Inspirations Session facilitated by Sandy Goad at 7.30 am. There were over 25 twins there. The theme was Eagles, or finding refuge. Sandy played 'You Raise Me Up,' by Selah, which we all know and love. This was followed by the Keynote lecture. This year the keynote speaker was Dr Katherine Shear and her subject was complicated grief. It was quite academic and extremely interesting as Dr Shear is carrying out research on patients with enduring and complicated grief.

After a short break there was a chance to stay for twin sharing time or to go to a session on memories of your twin. I stayed for the twin stories and some of the new twins stood up and told us about how they lost their twins.

After lunch we all split up to go to different groups. There were two breakout sessions - one on suicide with Joan Bruner and one on reframing our twin loss with Mary R. Morgan or you could stay in the main sharing session. The sessions ended at 3.30 pm, leaving us time to get ready for the bus trip to Santa Monica pier for the twin memorial walk. Two packed (air conditioned!) coaches left the hotel at 4.15 pm for the journey to the

beach where we all posed for the group photo. We carried a banner with the Twinless twin's logo on it, signed by all the twins at the conference. After the walk we were free for dinner and explore Santa Monica until the coaches took us back to the hotel.

Saturday began with Inspirations.... this time on the theme of Sheltering Trees. Sandy read us some moving quotes and also played two songs about trees - 'Sheltering Trees' by New Song and 'Friends' by Michael W Smith.

Announcements were followed by choice of breakout sessions. Twins with early loss could go to Mary R. Morgan's session, or those with sudden loss could go to a session run by Margaret Daffin. I went to the lingering illness loss session facilitated by Lea Eriksen. It worked very well with some intense and personal discussions as a result. After the session ended we went to the Business meeting run by Ray Boyle. It was announced that the 2014 conference would be in Baltimore. Then it was time for lunch on our own followed up with the keynote discussion by Dr Shear. The keynote discussion follow-up was again very interesting and we had the opportunity to ask our own questions about Dr Shear's grief recovery programme. The session ended and then we had time to pack, check in for our flights for the next day and get ready for the formal Banquet.

Everyone looked smart and glamorous and the tables were beautifully decorated. Live music added to the sense of the occasion! There was a 50/50 raffle where the winner got half the money raised - in this case \$635 — but the person who won donated it back to Twinless Twins! The Dr Brandt award was given to Dawn Barnett, for her services to the Twinless Twins Facebook page, which has over 700 twinless twins on it, plus other contributions Dawn has made to TTSGI. The auction then started and was very lively!

All too soon it was time to say good bye - most of us were leaving early on Sunday morning for different states in America and also Trinidad and in my case, the UK. The shuttle bus took me to the airport and I flew out to Philadelphia, for the overnight flight to Manchester, UK.

I felt enriched and renewed as if my twin batteries had been recharged for another year. I just can't thank those who organise the conference enough. ♥

## 2013 MEMORY WALK DONATIONS

Miriam Doetsch - memorial walk donation for the founder of TTSGI  
Lea Eriksen – memorial walk in memory of her twin, Eve Richards  
ExxonMobil Foundation – matching grant from Margaret & Paul Daffin  
Pamela Fender – memorial walk in memory of her twin, Steve  
Sandy Goad – memorial walk in memory of her twin, Jim  
Eileen Jensen - memorial walk in memory of her twin, Elaine Moench  
Ida Langley - memorial walk in memory of Elaine Moench  
Renee Manger – in memory of her twin, Stephen  
Mary R. Morgan – memorial walk in memory of her twin, Michael  
Brent Parker – memorial walk in memory of his twin, Rick Parker  
Ruth Osterweis Selig, in memory of her twin, Rollyn Osterweis Krichbaum  
John Roberts Motor Works - memorial walk in memory of Elaine Moench  
Ralph & Barbara Terry – memorial walk in memory of her twin, Brien J. Swank  
Charlotte Weigel – memorial walk in memory of Elaine Moench  
Judy Wilson – memorial walk in memory of her twin, Jane

The following donors gave in honor of Margaret Daffin, in memory of her twin, Josie Wilson:

Paul & Margaret Daffin	Eleanor & Ken Jicha	Sue Kapetanakis
Jacqueline Moss Fetzer	Phuong Vuong	Terhi & Dale Chambliss
Jane Borst	Carol Coats	Amelia & Raymond Tobin
Michael M. Ameen	Angela McCarthy	Carol & Albert Knowlton
Adriana Boretti & Pedro Jaldin	Elizabeth & Joe Ivers	Meggy & Brandon Biss
Shirley Van Winkle	Betty Yianitsas	Yvonne Kubicek
Marion & Gary Geer	Mauree Hughes	Marion & Richard Dare

The following donors gave in honor of Kevin Mullen, in memory of his twin, Brian Mullen:

Shannon Baldwin	Sharon Little
Donna Blackburn	Sue Mullen
Joan Finlay	Matt Mullen
Debbie Goetz	Terri Zinc

I apologize if your name is not shown and you gave a donation  
for the Memory Walk. ♥



## 2013 MEMORY WALK, LOS ANGELES, CA

The 5th TTSGI Memory Walk was well attended by twinless twins, family members and friends on Friday evening, July 19th. Buses took everyone from the Renaissance Hotel at Los Angeles airport to Montana Avenue, Santa Monica. The walk took place at the Palisades Park, on the bluff overlooking the ocean and we all walked seven blocks to the Santa Monica Pier. Some of the twins carried the Memory Walk banner, which had been signed by all twinless twins, in memory of their twins. It was a beautiful cool clear evening, perfect for the Memory Walk. Each year, the Memory Walk is held as a fundraiser for TTSGI and this year we raised approximately \$8,000! Thank you to all who walked and supported this wonderful event.

Margaret Daffin, Host of the 2013 Memory Walk. ♥

# 2013 TTSGI CONFERENCE, LOS ANGELES, CA

## RAFFLE AND AUCTION DONATIONS

Vincent Arthurs  
Dawn Barnett  
Mary George Beyer  
Debe Bloom  
Susan Bonilla  
Ray Boyle  
Susan Boyle  
Dana Bridges  
Sandra Brown  
Dottie Bruch  
Denise Buckland  
Couglin Jewelers  
Margaret Daffin  
Lea Eriksen  
Susan Eriksen

Gale Erlewine  
Laurie Everitt  
Pamela Fender  
Diane Fisher  
Joan Garcia  
Doris Giroux  
Sandy Goad  
Paul Heiden  
Amy Hoyt  
Eileen Jensen  
Kevin Johnson  
J. Jones  
Michael Karbeling  
Susan Klaveness  
Jay Knyal

Venice Lacy  
Colleen Leonardo  
Terry Lewis-Foor  
Jane Malcolm  
Cairn Moore  
Kevin Mullen  
Bob Osterholt  
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Alyssa Pratt  
Shirley Sauer  
Carolyn Shane  
Joy Shiller  
Beverly Smyk  
Michael Spitaletto  
James Staley

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Dena Stitt  
Lisa Summers  
Barb Terry  
Gerry Vieu  
Donna Vierling  
Suzanne Wedow  
Jessica Wickey  
Judy Wilson  
Camille Wissmann  
Barbara Wright

Thank you to all who participated in the raffle and silent/live auctions at the  
2013 Los Angeles Twinless Twins Conference.  
Your generosity and willingness to give is so appreciated.  
If your name is not listed above, we apologize and thank you.



## 2013—New and Renewing Members

Rita Ahuja  
Lauren Amershadian  
Scott Andrews  
Joan Angelis  
Betsy Aron  
Vincent Arthurs  
Phyllis Ashliman  
Janet Baird  
Dawn Barnett  
Doris Bauer  
Marilyn Bell  
Mary George Beyer  
Debe Bloom  
Jonathan Bock  
Ray Boyle  
Dana Bridges  
Marge Clapp  
Justin Clarke  
Jose (Alex) Contreras  
Margaret Daffin  
Miriam (Brandt) Doetsch  
Sally Dutton  
Lea Eriksen  
Gale Erlewine  
Laurie Everitt  
Darlene Ferraro

Diane Fisher  
Paula Floyd  
Joan Garcia  
Doris Giroux  
Sandy Goad  
Jacquie Goldman  
Olivia Greco  
James "Renie" Hallford  
Onesphore Harelimana  
Randall Henson  
Caren Hoffman  
Virginia Holleman  
Amy Hoyt  
Amy Hoyt  
Beth Anne Jackson  
Eileen Jensen  
Kevin Johnson  
Joanne Jones  
Dave Jones  
Nellene Kenyon  
Jay Knyal  
Venice Lacy  
Beatrice Lee  
William Leonard  
Janet Lewis  
Terri Lewis Foor

Donna Linscomb  
Brent Loschiavo  
Deborah Mackler  
Kira Mahoney  
Renee Manger  
Norma McDonough  
Alpha McPherson  
Eva Miller  
Barbara Milleville  
Darlene Moore  
Mary R Morgan  
Kevin Mullen  
Julia Nellett  
Kitty Nikolay  
Kristin Odom  
Bob Osterholt  
Katie O'Toole  
William Penny  
Leslie Pennypacker  
Alia Pfeiffer  
Deanna Platt  
Linda Pountney  
Alyssa Pratt  
Shyam Rai  
Marc Reichel  
Barbara Ritter

Pamela Roberts  
John Rohrer  
Shirley Saucer  
Susan Schneider  
Becky Sehenuk  
Ruth Osterweis Selig  
Carolyn Shane  
Janet Slaven  
Emily Slosberg  
DebbieKay Smith  
Loyce Snider  
Mary Stephens  
Zoey Stites  
Dena Stitt  
Susan Stock  
Debra Swanson  
Barbara Terry  
Michelle Thomas  
Matthew Vierling  
Dorothy Wagner  
Jessica Wickey  
Judy Wilson  
Camille Wissmann  
Carly Wopat  
Barbara Wright  
Daniel Yoffee ♥

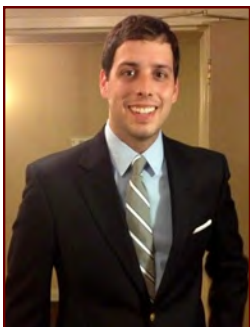
# MEET YOUR NEW BOARD DIRECTORS

by Margaret Daffin

**The Board of Directors of TTSGI would like to welcome three new members to the Board:**



**Lea Eriksen**, *twin to Eve*, has been a member of TTSGI since 2004. She lost her identical twin Eve to bone cancer at the age of 27. Lea lives in Cincinnati, Ohio and is the Budget Director for the City of Cincinnati, coordinating the development of the City's \$1.4 billion budget. She has received honors including the Cincinnati Business Courier's Class of Forty Under 40, YWCA Academy of Career Women of Achievement Rising Star, and the American Society for Public Administration Cincinnati Chapter Early Careerist Award. Lea also serves on the Management Committee of the Urban Land Institute, Cincinnati and serves as its Women's Leadership Initiative Chair. She is also currently on the Board for the Center for Chemical Addictions Treatment in Cincinnati."



**Matthew Robert Vierling**, *twin to Mark Lester Vierling*, was born on July 7, 1986 in Denver, Colorado. After four years in the Mile High city, the family relocated to Los Angeles, California. In the summer of 1995, shortly after arriving in Aspen, CO for a family vacation, Mark collapsed and was immediately rushed to the local emergency room where doctors discovered the presence of a malignant brain tumor. After a grueling nine month battle, Mark passed away on May 1, 1996 at the tender age of nine. Because Matt was young at the time, he struggled for many years trying to cope with his traumatic loss in relative isolation. After fifteen long years, Matt became a member of TTSGI in 2011 and attended his first conference that summer in Minneapolis, Minnesota. Since then, he has been a regular attendee of the summer annual conferences (Columbus, OH 2012 and Los Angeles, CA 2013) and, along with the efforts of Becky Sehenuk and Dawn Barnett, designed TTSGI's current website. Matt graduated from high school in 2004, earned a Bachelor's degree from Stanford University in 2008 and is currently pursuing a Master's of Divinity degree at Denver Seminary. He hopes to become a board certified hospital chaplain in the future and minister to patients, families, friends, and medical staff who are experiencing hardship and profound emotional pain. Matt is the son of two physicians, Dr. John Vierling and Dr. Donna Vierling, and sibling to two half-brothers, Jeff and Daniel, and one half-sister, Janet. Interests include drawing, painting, hiking, camping, sports, reading, travel, ministry and volunteer work. Matt is humbled to join TTSGI's board of directors and considers it a great honor and privilege to serve this organization with his time and talents.



**Becky Sehenuk** was born and raised in Southern California. Still residing in California, she works as a graphic designer and web developer at a large non-profit called Joni and Friends. She also works as a freelance designer and photographer for a number of non-profits. She lost her twin, Jenny, in a motorcycle accident on October 1, 2010. She became a member of TTSGI in 2011. After she attended her first conference in Minneapolis, she worked alongside Matt Vierling to redesign the TTSGI website. A year later she was asked to be a member of the Board. ♥

# TODAY IS JULY 3, 2013

*By Peter Spanitz, twin to Paul Spanitz*

Today is July 3, 2013. Today I will be making sausage. This is something my twin brother, Paul, and I used to love to do together. We grew up inseparable for most of our lives. We were each other's best friends, worse enemies, and closest confidants. The two of us may have put on an act of dislike and disappointment for each other on more than one occasion, but it was simply an act. We loved each other like twins should love each other. We fought like twins fight, and we lived like twins should live...close, caring, and complete.

Twenty-seven days from today, I will be remembering and reliving the worst day of my life. While spending a Saturday afternoon on our boat, The Twin Links, and toward the end of the day, Paul jumped in the water to swim after an inner tube that somehow became detached from the boat and started to float away. I tied the inner tube to the boat. But Paul jumped in after it. His cry for help was the very last thing I would ever hear from him. I immediately dived in the water after him, and swam as if a shark was chasing me. But I was too late. Despite efforts to resuscitate Paul on a small raft, then a Wayne County Sheriff patrol boat, then the ambulance on the way to Seaway Hospital, we were too late. And Paul was gone.

The attending physician told us it was a massive heart attack. Later reports claimed he died from drowning, as some water was in his lungs. Following the autopsy, it was discovered that Paul's heart was one and a half times larger than it should have been. None of this really matters. Paul knew how to swim, but knew he wasn't in the best of shape either. But none of this matters now. I lost Paul. His wife, Megan, lost Paul, and his large group of friends and family lost one of the most interesting and important people in their lives.

Following his death I was faced with inner demons that would scare Stephen King. As a twin, I was faced with losing half of my soul, and certainly the closest person to me in the world. I see it now that things could have gone one of two ways - either dwell on my loss and turn to destroying myself in pity the way some people do after a

catastrophic event such as this. Or, I could dwell on my loss, and use the anger, pain, and grief to do something more.

Paul was a teacher at Lincoln Park High School for 11 years. I never knew how much of an impact he had on students until a week after his death that a candlelight vigil was organized for him by a number of his students. I never knew how much of a positive effect he had on kids who may have been confused with their future, or were looking for some guidance for post high school life. I never knew how someone like Paul could be humble enough to never speak of his influence until I heard kind words, and written notes, and offers of condolence from his present and past students. Paul was a teacher, but he was, more so, a great man.

Paul and I began a small sausage "company" together in the fall of 2005. It started simply with the two of us making batches of 40 or 50 pounds of various flavors of fresh sausage in his kitchen in Wyandotte, MI, on a Saturday afternoon, drinking beer and watching football. Paul learned the trade of sausage making while working at a small market for a few summers during high school and college. Together, we spent countless Friday nights and Saturday afternoons making sausage, enjoying the company, but oddly enough not talking much. As a twin, sometimes words aren't necessary to communicate at all. Making sausage became our means of spending the perfect "Peter and Paul" time together. Outside interference was rare, and sometimes unwelcome. This was our time.



On July 30, 2011, Paul dived in the water to swim after a raft that I had tied to the boat. He didn't make the swim back. I am left with the guilt, the grief, and the thought that perhaps it should have been me making that swim out, and perhaps this was supposed to be my time. Paul stepped in, and now is gone.

Since Paul's death, I have decided that dedicating more of my time to doing good things is my purpose. We have established a scholarship fund in his memory, volunteer at the Wyandotte Adoption Center, and continue to find ways to keep Paul's spirit alive in us every day. I will pursue our mutual goal to see our sausage company grow, to give back where I can, and try like anything to keep as positive as possible in what has turned into a very difficult two years. Half of me died that day, and I will never be the same. But I will try, I will remember, and today, I will make sausage.

Peter Spanitz - July 3, 2013 - (248)797-4414 ♥

**Twinless Twins Support Group International**  
P.O. Box 980481  
Ypsilanti, MI 48198  
1-888-205-8962  
[contact@twinlesstwins.org](mailto:contact@twinlesstwins.org)

**TWINLESS TIMES BY E-MAIL**

If any of our members are interested in receiving the Twinless Times via email as a colored .pdf file instead of the regular mailed hard copy, please send your name and email address to Ray Boyle at: [boyle@firstline.com](mailto:boyle@firstline.com). He will forward this to you.

Thank you.  
Margaret Daffin, Co-Editor

**NEWSLETTER ARTICLE  
SUBMISSION DEADLINES**

Spring Issue: February 10th  
Summer Issue: May 12th  
Fall Issue: August 11th  
Winter Issue: October 27th  
Submissions should be emailed to:  
[twinlesstimes@yahoo.com](mailto:twinlesstimes@yahoo.com)

**Twinless Times Co-Editors:**  
Margaret Daffin and Celia Homer



Extremely Rare Panda Twins  
(Born at the Atlanta Zoo)

***TWINLESS TWINS SUPPORT GROUP,  
INTERNATIONAL***

**BOARD OF DIRECTORS**

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Dena Stitt – Vice President (2015)  
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**Board Emeritus:** James “Renie” Hallford

**EXECUTIVE DIRECTOR**

Michelle Getchell



***WRITE FOR THE  
TWINLESS TIMES NEWSLETTER***

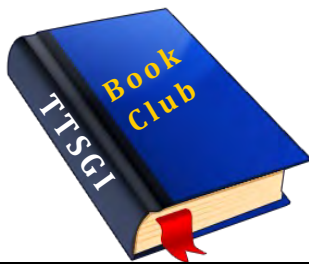
All members are invited to submit articles for publication in the Twinless Times. The email subject should be "Twinless Times Submission."

Submit to: [twinlesstimes@yahoo.com](mailto:twinlesstimes@yahoo.com)

Stories about you and your twin are always welcome and rewarding to see in print. Our founder, Dr. Brandt, encouraged the act of writing as a means to healing.

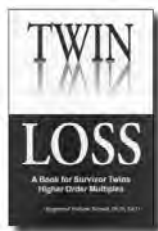
We value articles about twin meetings, conferences, your healing journey, twin book reviews, poems, or words of wisdom. Photos can be emailed with your article in JPEG format. **Please be sure to identify each person in your photos.**

All articles should be sent as a Word document and we ask that you keep any article to 500 words or one page. ♥



## RECOMMENDED TWIN BOOKS

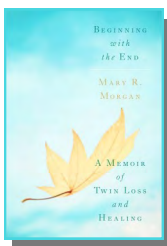
[www.twinlesstwins.org/store/books](http://www.twinlesstwins.org/store/books)



### ***"TWIN LOSS"***

*By Raymond W. Brandt, PhD*

Dr. Brandt was the founder of Twinless Twins Support Group and was considered by many an authority on twin loss. The 400-page book discusses all aspects of the loss and also speaks to the family members on how to help the survivor twin.

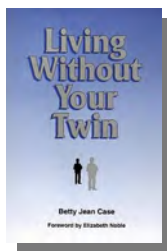


### ***"BEGINNING WITH THE END"***

*By Mary R. Morgan*

In this startlingly frank and moving memoir, Mary R. Morgan struggles to claim an individual identity, enabling her to face Michael's death and the huge loss it engendered. With remarkable candor, she shares her spiritually evocative healing journey, which moves her forward into a life of new beginnings and meaning, especially in her work with others who have lost a twin.

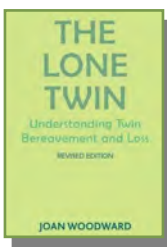
**All proceeds from the sale of "Beginning with the End" will go to TTSGI as requested by the author, Mary R. Morgan. The book can be purchased through Amazon for \$26.95.**



### ***"LIVING WITHOUT YOUR TWIN"***

*By Betty Jean Case*

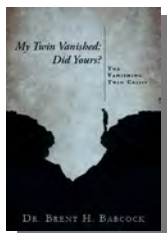
Author Betty Jean Case generously makes a donation to Twinless Twins each time one of her books is purchased through us. Betty is a twin, grew up with twin siblings, and had a set of twin grandsons. This 150-page book discusses how to keep living without your twin and best friend by your side. It also explores the uniqueness of twin loss.



### ***"THE LONE TWIN: A STUDY IN BEREAVEMENT AND LOSS"***

*By Joan Woodward*

The reader is taken through the closeness of being a twin, including its negative aspects and twins' need to be different to one another. But what happens when twins are separated, especially by death? The text examines death and bereavement of twins, including the parental attitudes to the surviving twin, the surviving twin's guilt, coping, bereavement in childhood and adulthood. The book also covers the psychological effects in later life for children who lost their twin at birth. Throughout, the book is illustrated by the words of lone twins themselves. This book is available through the TTSGI website or through the distributor, International Specialized Book Services



### ***"MY TWIN VANISHED DID YOURS?"***

*by Dr. Brent Babcock*

A survivor himself of a vanished twin, Dr. Brent H. Babcock is sharing with the public for the first time his knowledge concerning the vanishing twin.

# REGIONAL COORDINATORS' CONTACT INFORMATION — 2013

## UNITED KINGDOM

**JANET BAIRD**

**AFFILIATE MEMBER**

janetmaybaird@hotmail.co.uk

Tel: 011-44-1423-816340

Mobile: 011-44-7711-768877

## CANADA

**DARLENE MOORE**

sf49errice@rogers.com

Tel: 1-(705) 294-0060

- Alberta
- British Columbia
- Manitoba
- New Brunswick
- Newfoundland
- Nova Scotia
- Ontario
- Prince Edward Island
- Quebec
- Saskatchewan

## NORTHEAST

**CAROLYN SHANE**

cc7@tewnj.org

Tel: 908-463-4770

- New Jersey
- New York

## NEW ENGLAND

► **POSITION OPEN** ◀

contact@twinlesstwins.org

Tel: 1-888-205-8926

- Connecticut
- Maine
- Massachusetts
- New Hampshire
- Rhode Island
- Vermont

## MID-ATLANTIC

**MICHAEL KARBELING**

mkarbeling@gmail.com

Tel: 301-565-9290

- Delaware
- District of Columbia
- Maryland
- Pennsylvania
- Virginia
- West Virginia

## SOUTHEAST

**PAMELA ROBERTS**

pamelaroberts0507@att.net

Tel: 404-423-8685

- Alabama
- Florida
- Georgia
- North Carolina
- South Carolina

## NORTH CENTRAL

**JOAN ANGELIS**

joan.sea.angel@gmail.com

Tel: 612-741-6583

- Iowa
- Michigan
- Minnesota
- Nebraska
- North Dakota
- South Dakota
- Wisconsin

## MIDWEST

**SARAH BEEBE**

sarahtwintoheidi@gmail.com

Tel: 773-297-8890

- Illinois
- Indiana
- Kentucky
- Missouri
- Ohio

## SOUTH CENTRAL

**JOHN ROHRER**

greys4rus@comcast.net

Tel: 713-303-1262 Cell

- Arkansas
- Louisiana
- Mississippi
- Oklahoma
- Tennessee
- Texas

## SOUTHWEST

**EILEEN JENSEN**

twinjensen@msn.com

Tel: 970-641-4362

- Arizona
- Colorado
- Kansas
- New Mexico
- Nevada
- Utah

## NORTHERN MOUNTAIN

► **POSITION OPEN** ◀

contact@twinlesstwins.org

Tel: 1-888-205-8926

- Idaho
- Montana
- Wyoming

## WEST COAST

**PAMELA FENDER**

pdfender@yahoo.com

Tel: 707-588-8824

or 707-484-7547 (cell)

- Alaska
- California
- Hawaii
- Oregon
- Washington