

©Twinless Twins Support Group, International

# DR. RAYMOND L. BRANDT TRIBUTE ISSUE



President's Corner

Dear Twins,

his message is my last to you as President of TTSGI. Although I have written several of these the past few years, I could very easily say "seems only yesterday" I wrote the first. LeAnn and I have enjoyed working with you in this capacity. We appreciate very much the many courtesies extended to us by the general membership, as well as those of the Board.

The future of TTSGI really looks good. However, the future depends almost entirely upon the quality of leadership you choose and, most importantly, an involved membership. There are so many of you who can move TTSGI forward. I simply cannot overemphasize the critical need for you to step up and move us to the next level.

This year's conference in Minneapolis/St. Paul is becoming more and more promising. It's going to be another memorable conference. Please make your plans, bring a relative or bring a friend.

See you there.

My best,

Renie Hallford, President 🎔

#### SUMMER 2011

### **VOLUNTEER!**

If you are interested in volunteering for TTSGI, there are many opportunities available to you!

We are looking for volunteers who can assist their Regional Coordinators or help with the TTSGI website.

Please contact your Regional Coordinator using the website's "Contact Us" map in your area.

Go to: www.twinlesstwins.org

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OSTINE

# Dr. Raymond Brandt





# **REMEMBERING DR. RAYMOND BRANDT**

#### **By Miriam Brandt-Doetsch**

Raymond and I were married for 14 years and got married in Ft. Wavne. Indiana. We met through a mutual



acquaintance. I remember the first time we went out--a quick lunch as I was teaching at a Tech School at that time, he asked me just before I had to leave, if I was comfortable with him. I thought that a strange question but figured I had seemed probably a little hurried [which I was] or uncomfortable. I thought back Brandt served in the Korean War shortly quite a few times on that and chuckled. :)

It will be 10 years on June 19th that Dr. Brandt died after dealing with cancer for nine years. Most of those years, one would never have known that he had cancer and he was in remission except for a couple of bouts. But he would bounce back and be himself again for very important to him, although they awhile. Actually two days before he died, he was interviewing with 'Unsolved Mysteries', a TV show about the perplexities/complexities of twins--his favorite subject to discuss. It wasn't an enjoyment to him. He loved babies televised as they felt he just didn't look well enough for viewing. Actually, he hadn't told them just how sick he was. That was on Father's Day in 2001. So he was working for Twinless Twins right up to the end of his life, which was his life. Then we had that year's Conference the very next month--and did a fabulous job in having a memorial service for him.

many, many twinless who have worked many sheds that would have been

seemingly take over when he asked for when they left. someone to fill the position. I did the replying and trying to do what I could for the 3-4 months when it was figured out what would be done and how. It has been

successful and growing stronger all the time. There will always be twinless twins and this fine group is following on what Dr. Brandt wanted in being there and helping the newer ones, yet establishing lasting relationships with each other. He would be so very proud of everyone who has taken part in continuing his legacy.

Dr. Brandt was born into a poor German-Lutheran farm family in NW Ohio. He had 11 siblings, including his twin Robert, who was killed at age 20 in an electrical accident at a job in the summer making money for college. Dr. after his twin was killed, with some pretty horrifying stories, as most war stories are. Due to his service time he was buried in Arlington Cemetery in Virginia. He is in Section 65 - if anyone visits and wants to look up the site.

Dr. Brandt has four sons who were ended up scattered around the US in Green Bay, Winston-Salem, NC, and Windham, NH - only one stayed in Indiana. His 11 grandchildren were such and small children especially.

He took on two major projects in his that he wore! 🎔 semi-retirement years as well as establishing Twinless Twins. One was the Hoosier Farmstead Restoration Project-he took a local run-down farm and restored it to an 1880's theme. He would have school children bused out for a tour I know he would be so proud of the where he showed them the barn and

so hard to help other twinless as it is used for various aspects of farming. I such a hard time when one's twin passes. would give a house tour explaining He actually thought the organization different aspects of homemaking, and I would phase out as no one would would give them a big sugar cookie

> The other big project was renovating a former dairy farm into a horse farm. He bought some horses from out west where they round up wild horses and then sell some of them. I thought it was dangerous, but he enjoyed the challenge of calming them down to somewhat gentleness. He had hoped someday to have a program for handicap children, especially twins, but that never happened before his death.

> Professionally, he was an expert witness in Federal Courts - I believe he testified in 48 states in the area of Health and Safety issues.

> Dr. Brandt designed and had built a 'Williamsburg House' as he LOVED Colonial Williamsburg, Virginia better than any place in the US. I think he was there about eight times just in the time I knew him and I know he went there with his family some. That house and his hunting camp is about all the traveling he did, but he did branch out when he semiretired, mostly to Florida - which is a place he never thought he would go to, let alone buy a house there and be there for three-four winters. He also loved going to Siesta Beach in Sarasota, Florida for late afternoons and to watch the setting of the sun--they were all different and beautiful!

Some of the photos shown in this issue show him in the different hats



# CELEBRATING THE GIFT OF DR. RAYMOND W. BRANDT

My name is Kevin Mullen, twin to Brian. I first met Dr. Raymond W. Brandt in 1997 at my first conference in Chicago. I remember how he was such a kind, caring person, I will never forget him. He taught me so much in the years I knew him. I was told of his death by another member and I thought the member was joking at first but then the member told me, "I am not joking." The conference that year (2001) was really odd without him being there, I was always looking forward to seeing him every year.

I can't believe it's been 10 years now as it just seems like it was yesterday. There was another member, Sean Joyce, twin to Tom who was looking forward to meeting him but I gave Sean all the hugs that Dr. Brandt would have given to Sean. I'm very close with Sean, twin to Tom - I love him like a big brother.

Dr. Raymond W. Brandt, twin to Robert also let me call him Grandpa - he was such a close friend. Dr. Brandt always wrote me back quickly when I needed him for something - I miss seeing him at the conferences but I know he's looking down on me and all of us - he is proud of us all. I will always love him and remember what he taught me. The Memories will always be there.

I love you, Dr. B. Kevin, *twin to Brian* 



Dr. Brandt carried the grief of his twin loss for 4 decades before spearheading an effort to share this unique grief with others in the twinless community

worldwide. Single handedly, Dr. Brandt was able to organize and tirelessly promote the organization and its goal of reaching out. Prior to learning of Dr. Brandt's early efforts in 1992 (one year after my twin's sudden loss), I for one was "stuck" in my grief - not certain if my grieving was "appropriate" or if I was "losing it." "Caring through sharing" and "tears to cheers" were mantras I often heard Dr. Brandt speak of. His great Christian and humanitarian efforts could never be fully realized nor appreciated. The legacy of his work are best evidenced in the ongoing work of the TTSGI organization - to the benefit of many new twinless. My hat is off to those who have helped to perpetuate his efforts as founder. My life as a surviving member of the "twinless ranks" has been immeasurably aided by all Dr. Brandt so masterfully founded and nurtured into such a tremendously effective and helpful support group.

Twincerely,

Bob Yarmey, twin to Alan

The first time I saw Dr. Brandt in person, he said to me "Hi, twin." He was putting into practice his motto: "Once a twin, always a twin." For me to be called a twin after several years was music to my ears.

When Twinless Twins was just beginning, we met at Raymond and Miriam's home. Dr. Brandt was cutting watermelon and trying to remember something he wanted to say. Finally he just admitted to having a "twin lapse." I now use that expression, when I forget something. Yes, Dr. Brandt's beat goes on. I'll never forget him.

Lorraine Horstman, twin to Elaine Flemming



# THE EMPTY CHAIR

**REPRISED IN MEMORY OF DR. RAYMOND BRANDT** 

# "THE DRAGONFLY"

By Sandy Goad

hile doing research for this column, I became interested in the dragonfly. These insects are fascinating not just for their spectacular appearance and powerful flight, but also because they have been around for thousands of years. They are not actually a fly because they have four wings. Their name comes from their jaws, which they use to catch flies among other winged insects. They begin their life in the water as a nymph and when they reach maturity they crawl out of the water onto a plant stem. Soon the newly emerged dragonfly is able to fly and begins a new life.

A friend of mine who works with people in grief shared the following story with me about the dragonfly:

"Down below the surface of a quiet pond lived a colony of water bugs. For many months they were very busy scurrying over the soft mud on the bottom of the pond. They noticed that once in a while one of their colony seemed to lose interest in going about with its friends. Clinging to the stem of a pond lily, it gradually moved out of sight and was seen no more.

"That's funny!" said one water bug to another. ... "Wasn't she happy here?" asked a second. . . "Where do you suppose she went?" wondered a third. . . No one had an answer. They were greatly puzzled.

Finally one of the water bugs gathered its friends together. "I have an idea. The next one of us who climbs up the lily stalk must promise to come back and tell us where she or he went and why." "We promise," they said solemnly.

One spring day not long after the very water bug who had suggested the plan found himself climbing up the lily stalk. Before he knew what was happening, he had broken through the surface of the water and fallen into the broad and free lily pad above.

When he awoke, he couldn't believe what he saw. A startling change had come over his old body. His movement revealed four silver wings and a long tail. Even as he struggled, he felt an impulse to move his wings and he suddenly found himself above the water. He had become a dragonfly. Swooping and dipping in great curves, he flew through the air. He felt exhilarated in the new atmosphere.

By and by the new dragonfly landed happily on a lily pad to rest. Then it was that he chanced to look below to the bottom of the pond. Why, he was right above his old friends, the water bugs! Then the dragonfly remembered the promise and without thinking the dragonfly darted down. Suddenly he hit the surface of the water and bounced away. Now that he was a dragonfly, he could no longer go into the water.

"I can't return!" he said in dismay. At least I tried. Even if I could go back, not one of the water bugs would know me in my new body. I guess I'll just have to wait until they become dragonflies too. Then they'll understand what has happened to me and where I went." And the dragonfly winged off happily into its wonderful new world."

Let us remember all our loved ones who have left the pond we live in. . . and may the love we shared be what we remember the most. •

# WORDS FROM DR. BRANDT'S MEMORIAL SERVICE MARCH 20, 2004 MID-ATLANTIC REGIONAL MEETING ARLINGTON CEMETERY

"Our world values possessions and money and prestige. But when it comes right down to it, those things really matter very little. Knowing Dr. Brandt has taught me this: that the sweetest most precious thing in all the world is the love we show to one another.

"Those of us that knew Dr. Brandt knew how much he loved God. I believe that the most important lesson God wants us to learn on this earth is how to love. Dr. Brandt learned this lesson well! Even though he struggled with cancer for many years, he was never so absorbed in his own struggle that he couldn't hear the cry of others around him. God had a plan and purpose for Dr. Brandt's life and we twinless twins were fortunate to be a part of it.

"Knowing your purpose always produces passion and Dr. Brandt's passion was to help every twinless twin. Someone has said that "the best use of our life is love and the best expression of our love is time." Dr. Brandt gave us one of the greatest gifts you can give someone, and that was his time. He proved his love for us by investing his time in us. I think that as the song "Angels Among Us" says, he was an angel sent down to us to show us how to live and teach us how to give."

I hope that Dr. Brandt's work will continue for many years across this region as we reach out to help other twinless twins through our regional meetings, our local gatherings, our emails and our phone calls. I challenge each region member to reach out in compassion to other



twins who are on their journey through grief. You can make yourself available. You can be the light, the catalyst for them, to make a difference in their lives. And you can continue "to heal by helping others." The results are so worth it! Look around you this week-end and you will see some of those results.

Spoken by Sandy Goad, twin to Jim

Id is the love we show to one another.Appreciating our founder's dedication, I remain keenly<br/>aware of the gift he gave us. It takes an all-inclusive effort<br/>to move forward as a source of strength for future twins.<br/>So many individuals make up this network of giving.

Dr. Brandt once remarked that we are the experts, having survived the loss of our twin. Lack of understanding in the world prompted his mission. He enlightened us all and set the stage for the future.

We have come a long way in the past ten years, but then it seems like yesterday. Having a greater awareness, I treasure having known Dr. Brandt. He was just a man, but a great one. His work lives on through us.

Linda Pountney, twin to Paula

Remembering Dr. Brandt,

I can't thank you enough for creating and starting Twinless Twin Support Group. I can't thank you enough for having the passion to be there for surviving twins. I can't thank you enough for being there early in my twin loss. I can't thank you enough for continuing to help new Twin loss even in your passing.

Thank you for opening your heart and life to twins all around the world. Twin hugs to you Dr. Brandt and Robert!

Terry Lewis- Foor, Twin to Sherry Lewis♥

(Continued on page 8)

TWINLESS TIMES

# THANK YOU, DR. BRANDT

My twin world ended on March 26, 1997 when my identical twin, Elaine, was killed in a trucking accident. This began my endless twinless twin journey. I did not even know what a twinless twin was, I had never even thought of Elaine dying. My twin walked in front of a docked semi as she needed to be on the other side, Boyd, the driver, did not know she was there and pulled his docked semi forward to close his



back doors. She was knocked down and run over, killed instantly. The horror of that day still lingers, the devastation hit hard as she was my leader, my best friend, my confident, my LIFE and now who am I!

I was totally lost and needed to talk to someone who was suffering as I was — someone to relate to. Grief is overwhelming and unbearable; I could not move or think, only sit and cry. Thank the Lord that my daughter-in-law found Dr. Brandt's phone number and I called. Dr. Brandt answered his phone 24-7 and he KNEW, he passed on love, support, caring and hope to survive. What a relief to know that I was not going crazy, I was not losing my mind, that there are others suffering just as I. Dr. Brandt was the most caring, loving, and supportive person and we must have talked for over an hour. He let me know that I am still a twin and will always be a twin. His words "it doesn't get any better" will ring in my ears forever. He invited me to the Memorial Retreat that summer but I was just not able to manage it, so said I'd try the next summer.

In 1998, my husband and I drove to St. Louis, MO to attend my first Memorial Retreat and TTSGI saved my life. The feeling of attending the first meeting is more than scary. We are at a place that we never wanted to be, but NEED to be there. What a meeting that was - from the photo, Dr. Brandt knew me! Hugs were passed around and so needed. Healing is so very slow and the support of Dr. Brandt and the other twinless twins was a benefit to me. I can not thank Dr. Brandt enough for starting TTSGI as we really need this support group. I have missed only two Conferences since my first one and hope I do not have to miss any more. He taught all who met him how important it is to carry on his legacy and continue giving that unending love and support to all twinless twins and multiples.

Continuing to support TTSGI is important as more twins become twinless all the time. I never ever thought Elaine would die; I could — but not her. Learning to live without our twin is the most difficult path that we will ever be on. But at the same time, I would rather be the one here suffering and struggling to survive than to have her go through this. We were blessed to be together 54 years, we were Volleyball stars in high school, we had a double wedding, had our children close in ages and vacationed together as much as possible.

I am now the Southwest Regional Coordinator for TTSGI and the rewards are more healing. Talking to new twinless twins is not easy and brings back a lot of pain. However as Dr. Brandt had called the twin H's, helping is healing and I agree with him. Thank you, Dr. Brandt.

Eileen Jensen, twin to Elaine

#### **DR. BRANDT REMEMBERED**

Dr. Brandt is my hero. He was compassionate, caring, giving, benevolent, loving, a fellow twinless twin, and a dear friend.

Dawn Barnett, twin to Daryl 🎔

I joined TTSGI in November 1993 and I just found the handwritten note from Dr. Brandt welcoming me and sending a roster. He mentioned, "We are 517 strong and growing," and how it grew!!

His outreach to twins became global and his impact on twin loss generated research, studies and books dealing with a complex, previously neglected and misunderstood human condition. His dedication to focusing light on "early" twin loss, which he defined as in utero to three years, was groundbreaking and not a day passes that I don't say thank you to Raymond for the great insight and validation he gave to our short term twinships. "Once a twin, always a twin."

I was privileged to know him, call him friend and become a recruit to serve twinless twins. I introduced him, at what would be his last banquet in Cincinnati in 2000, and later sang his favorite song for him..."My Happiness." When I visited Dr. and Mrs. Brandt in Florida in March 2001, he told me privately that his battle with cancer was drawing to a close and he doubted he would be in Denver. He wanted so badly to be there for the many new twins he had spoken with. That final hug good-bye (he gave the biggest and best) was the last time I would see this giant of a man. I once told Dr. B. that my heart was healed but there would always be a "scar" for my twin Anne Marie.

After 10 years, there is a scar next to that one for Raymond Brandt. I will never forget you dearest twin. Thank you for all you gave to me and so very many others.

In twin love, Mary Anne Souza, twin to Anne Marie, Billings, Montana 🎔

I first met Dr. Raymond Brandt in July 1997 at the Chicago conference, just a little more than a year after my twin Josie had been murdered in London, England. I remember vividly not being able to



speak a word and yet, Raymond Brandt knew everything that had happened and spoke for me. He was always there to comfort every twin who came his way, whether in person or on the telephone or via email.

What a powerful man he was and I was very fortunate to have known him for four years before his death in June 2001. Our organization is here today because of who we are and because of our founder, Dr. Raymond Brandt, twin to Robert.

Margaret Daffin, twin to Josie

# THE HEALING JOURNEY



Margery (Mercy) Runyan, LCSW, ACSW

www.twindreams.info

### **FALSE DICHOTOMIES**

Learly remember the labels that were given to my identical twin Malinda and myself as we were growing up within our family. 'Margery is the angry one and Malinda is the nice one. Margery is the popular one and Malinda is the smart one.' Of course back then I did not know that words relate to concepts and that concepts live in the mind. Nor did I know that the mind is only one organ of the body and falls under the direct control of the heart, the soul, and the larger Self. These early labels, sometimes even Good Twin and Bad Twin, can have a profound effect on our self-image until we realize that we have a choice whether to believe them or not.

I just finished a professional teleconference on *Clinical Supervision: The Power of the Parallel Process* given by Lawrence Shulman, EdD MSW, under the auspices of the National Association of Social Workers. This instructor pointed out the seductive nature of false dualities or, in other words, false dichotomies (divisions or separations). Black/white, good/bad, rich/poor are just examples of the infinite number of dualities that pervade our thinking, our family life, and our culture. Dr. Shulman discussed several of them that stubbornly persist within the realms of supervision and client services. I mention them here because these same dualities exist in highly personal realms.

- Freedom vs. Structure
- Support vs. Confrontation
- Personal vs. Professional
- Process vs. Content
- Science vs. Art

Twins are inundated with such comparisons. I treat adolescent twins and their families in my psychotherapy practice. I am continually surprised at how often the families compare the twins according to dualities. This twin is the smart one and the other one is the creative one. This twin gets along with his mother and this twin with his father. Then we (the twins) live up or down to these expectations within the family system. I am now on a new crusade to let all of you know that you are EVERYTHING. You are not half of a whole, one end of a continuum, one side of a false dichotomy. BE EVERYTHING YOU CAN BE EVERY SINGLE DAY. BE YOUR TWIN. BE YOUR SELF. BE WHOLE. ♥

# WAITING FOR AN E-MAIL THAT WILL NEVER COME

By Ron McKenzie, twin to Don

In this modern age of communication, with e-mail and text messaging technology so dominant, to a new twinless twin, the immediate loss of those e-mails and text messages is a cruel reminder that life is now different. I'm sure many twinless twins have already experienced this, for those e-mails and text messages represent an extension of their bond that is still there, and will never, ever, go away.

For me, it was a constant never ending series of texts and e-mails between my brother Don, who lived in California, and me, who lives in Illinois. His e-mails and text messages were a part of our daily life since we lived in different states. It was a constant reassuring reminder of our very existence.

I would be in a business meeting and my cell phone would vibrate, and I would see a message waiting from my brother. Or, when my wife and I would be watching a movie on a Saturday night, my phone would vibrate and I knew, without looking, it was Don. I would wait for a break in the movie and then I would read the message and text him back. All was well. As he had experienced a great deal of sadness in the last six months of his life, there was also the happiness of my being able to help him in so many ways, and one was a steady stream of digital instant messages.

After Don passed away, I traveled to California to pack up his belongings and take care of his burial, and when I returned, I was able to get into his computer and found e-mail messages addressed to me he had been composing. I also found the writing projects we had collaborated on, and his margin notes. More messages from Don, important ones for they were the last ones.

As I went through the tortuous, difficult and heartbreaking impossible period of adjusting to life without my twin, I retrieved all the letters that he had written over a thirty year period. Some of these letters were ten pages long with extra notes he had handwritten in the margin. We exchanged long letters frequently when he worked in Hollywood and his four years as senior editor at Entertainment Tonight, and also the following years when he lived in Japan shooting film documentaries.

I collected all those letters, and I take a few of them with me every so often to read over coffee at Starbucks by myself. Even though these had been written years ago, it was as if he had just written the letters to me. Since I hadn't read some of them for over twenty years, they were like receiving new letters. If you see someone alone at Starbucks crying, it's probably me. These letters have taken the place of those e-mails and text messages that I will never get again. They are so important to me that, much to the surprise of my wife, I went out and purchased a brand new fireproof safe. There's no money in it; just my precious letters from Don.

I have pulled some quotations from these letters from Don and have included them in a book I recently wrote titled, "<u>Who Moved the Sun? A Twin</u> <u>Remembers</u>," that has been published by D.E.M. Publishing, available at Amazon and other online retailers and stores. I included in the book many photos of us and also a photo of the last text message I received from him when I convinced him to go to the hospital emergency room that was minutes away. These "Letters from Don" are a real reminder of our extraordinary twin relationship over the sixty-two years that we shared our lives together.

The text and e-mail messages have long since stopped now. For the first several months I would always have my phone with me as comfort, even knowing a message would never come. Every once in a while I'll be doing something and the phone will vibrate and I instantly think its Don, and then I remember. Remembering is the hard part. I'm told that thinking of Don will go away someday, but I don't want it to go away, for my memories of my brother are the only thing I have, and they're the only thing that keeps me motivated to continue OUR writing. It's all I have, but enough; barely.

Ron McKenzie 105 Saranac Ct, Bloomingdale, IL 60108 rontwin2don@gmail.com 630 740-4434♥



# Alumni Q & A Session 2011 Conference Program

In response to multiple requests, the Board has agreed to include an alternative to the self-intro sessions for conference alumni. This year, the conference will include an alumni Q&A session with Mary R. Morgan for alumni who feel they've moved forward in their healing process and have asked for an alternative. During the Q&A session, Mary will address questions from returning members that are present to their particular stage of healing. We are requesting that each alumnus that feels connected to this group submit a question via email to michelle@twinlesstwins.org. Note that each person submitting a question will remain anonymous. Deadline to submit a question is Thursday, June 30<sup>th</sup>.

# The Rose Petal Ceremony

#### **Our Memorial Event at the 2011 Conference**

Over the years, we have found that having a time and place to make a memorial and/or ceremony for our departed twin has been an important witnessing and healing experience for twinless twin attendees of the TTSGI Conference. In the past, we have tried different ceremonial expressions: a butterfly release, a balloon release, and the candle lighting ceremony. We thought we would try something different this year, which would allow us to personally bear witness to our twinship and privately express and fulfill an individual piece of our healing process.

We are blessed to be able to spend Friday evening this year on a beautiful dinner boat ride along Lake Minnetonka and the Mississippi River. At the back or stern of the boat is a private area with a railing, which looks out over the water. There we will place a bowl of rose petals. Each twinless twin, at their own discretion, may go to this quiet area and make their own ceremony by releasing some of the rose petals into the water. The ceremony might symbolize a completion, a release, a dedication, a memorial or whatever each twin feels is appropriate for their twin relationship and healing. We ask that this ceremony take place in silence in order for a sacred environment to be maintained during the evening when others may share the space.

We look forward to our time together on Friday night.

CONTACT@TWINLESSTWINS.ORG

# **TWINLESS TWINS SUPPORT GROUP INTERNATIONAL**

# 2011 DONATION FORM

Please enter the required information below if you would like to sign up as a Donor for Twinless Twins Support Group International.

Please print **this form** and mail it, along with your check, money order, or Visa/MasterCard/Discover information to:

### Twinless Twins Support Group International P.O. Box 980481 Ypsilanti, MI 48198-0481 Or fax to: 1-888-205-8962

(Alternatively, you may make your donation online at **www.twinlesstwins.org** and use the DONATE button in the middle of the left hand side of the home page.)

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# TWINLESS SUPPORT TWINS GROUP 2011 CONFERENCE REGISTRATION • JULY 21-24, 2011 • MINNEAPOLIS, MN Name of the Twinless Twin: Street Address: \_\_\_\_\_ City:\_\_\_\_\_ State:\_\_\_\_ Zip code:\_\_\_\_\_ Area code & phone number: \_\_\_\_\_ Email Address: \_\_\_\_\_ Twin's name (if named): Date of loss: Cause of loss: Do you have any special need we should to be aware of?\_\_\_\_\_ Adult T-Shirt Size: Are you a Member of TTSGI? Note: You must be a current paid member to attend the annual conference. ALL the guests that will be attending with you must register too: Name of Guest(s): T-Shirt Size: 1.\_\_\_\_\_ 2.\_\_\_\_ T-Shirt Size: 3. T-Shirt Size: Guests who are NOT attending the conference but wish to resister for the Saturday banquet dinner ONLY (Banquet only - T-shirt NOT included). Cost is \$60.00 per person. Number of extra dinner tickets to the banquet: • Hotel & Transportation • Room Reservations are to be made directly with the hotel. The hotel information is below - be sure to tell them you are with the Twinless Twins Support Group to get the rate of \$94.00 + tax/night! Minneapolis Airport Marriott 2020 East American Blvd., Bloomington, MN 55425 1-800-228-9290 or 952-854-7441 Make your reservation before July 6, 2011 for our group rates. We only have a limited number of rooms on hold! **Transportation to and from the hotel if flying:** If flying, members will want to fly into the MSP (Minneapolis) airport. There is a complimentary Marriott shuttle to this hotel.

### • AUCTION/RAFFLE DONATION •

We encourage you to consider donating a gift for our silent auction/raffle

or for our live auction at the Saturday banquet.

We rely on your participation, as this is our main fundraiser for the year. Please help!

Questions? Email us at: Contact@twinlesstwins.org

### • COST TO ATTEND •

The registration fee includes: Thursday evening reception, Friday & Saturday continental breakfast, Friday lunch, Saturday evening banquet meal (semi formal), all conference materials, guest speaker, and breakout space.

Registration fee is \$199.00 per person, AFTER 5/17/2011 the fee is \$245.00 per person.

\$19	9.00 X# of people = \$
after 5/17/2011 \$24	5.00 X# of people = \$
Guest for Saturday Banquet Dinner ONLY \$6	60.00 X# of people = \$
	TOTAL:
To put the charge on your credit card please fill	in the information below:
<i>Type of card:</i> Visa	Master Card Master Card Discover
Name as appears on card	CVV Code:
Credit card #	Expiration date:
Signature:	
	<u>checks payable to</u> : ins Support Group
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	ins Support Group
	helle Getchell
I OII-Tree:	psilanti, MI 48198-0481
	1.888.205.8962
	-

# Twinless Twins Support Group, International 2011 Conference Schedule

This is a tentative schedule as some of the title of events may change. However, the start time of the first and last events will not change, so please feel free to use this schedule as you plan your travel arrangements. You will be given a final conference schedule at registration.

#### THURSDAY, JULY 21ST

<b>4:30</b> рм – <b>5:00</b> рм	Early Check-in for first time attendees
5:00 PM - 6:00 PM	First Time Attendee Hospitality Gathering
6:00 pm - 9:00 pm	Registration Table Opens: for all attendees
6:00 pm - 9:00 pm	Welcome Reception – light hors d'oeuvres served

#### FRIDAY, JULY 22ND

7:15 AM – 8:15 AM	Inspirations For The Day, with Eileen Jensen
8:00 AM - 9:00 AM	Continental Breakfast
9:00 AM - 10:30 AM	Keynote Speaker: Darcie Sims, Ph.D., CHT, CT, GMS
10:30 AM - 10:45 AM	Break
10:45 АМ – 12:30 РМ	Large Group: Self Intro. Time (for first time attendees and alumni that wish to participate)
11:00 АМ – 12:30 РМ	Large Group: Alumni Question and Answer time with Mary R. Morgan, LMSW
12:30 РМ	Boxed Lunch – provided
1:00 РМ – 1:50 РМ	TTSGI Annual Business Meeting
2:00 РМ – 3:00 РМ	Continue Large Group: Self Intro. Time (for first time attendees and alumni that wish to participate)
2:00 РМ-3:00 РМ	Continue Large Group: Alumni Question and Answer time with Mary R. Morgan, LMSW
2:00 РМ-3:30 РМ	Breakout: Twin Loss due to Suicide, with Dan Reidenberg, PsyD, FAPA (from SAVE - Suicide
	Awareness Voices of Education)
5:00 рм-10:00рм	Boat ride, Dinner & Petal Ceremony

#### SATURDAY, JULY 23RD

7:15 AM - 8:15 AMInspirations For The Day, with Eileen Jensen8:00 AM - 9:00 AMContinental Breakfast

#### **BREAKOUT SESSIONS (PICK ONE)**:

9:00 AM -12:15 PM	Breakout Session #1: Dealing with the Issues and Challenges of Forming and Sustaining Important Relationships after Twin Loss, with Mary R. Morgan, LMSW
9:00 am -10:30 am	<ul> <li>Breakout Sessions # 2 – 6:</li> <li>2. How Twins Bond in the Womb (video), with Dawn Barnett</li> <li>3. Beginning Stages of Grief, with Sandra Brown</li> <li>4. Children's Group ages 16 and younger, with Dena Stitt and Crystal Strickler</li> <li>5. Dealing with Twin Loss in a Family), with Gayle Sherman Crandell, MA LPCC</li> <li>6. Discussion Group (leader TBD)</li> </ul>
10:45 am -12:15 pm	<ul> <li>Breakout Session Group (leader FBD)</li> <li>Breakout Sessions # 1-5: <ol> <li>Early Loss, with Dawn Barnett</li> <li>Sudden Loss (leader TBD)</li> <li>Lingering Illness (leader TBD)</li> <li>Spouses and Significant Others of Twinless Twins (leader TBD)</li> <li>Families of a Twinless Twin: Identity, Connection and Coping, with Dianna Diers MA, LMFT</li> </ol></li></ul>
12:15 PM - 3:00 PM	

#### **3:00 PM – 4:00 PM** 2011 Conference Closing Ceremony **6:30 PM – 11:00 PM** Banquet Dinner, Awards & Auction

# FAQ's

# YOUR "FREQUENTLY ASKED QUESTIONS" ABOUT THE 2011 TWINLESS TWINS CONFERENCE!

#### 2011 Conference

July 21, 22, and 23 - Minneapolis-St. Paul (the TWIN cities) Minneapolis Airport Marriott, 2020 E. American Blvd., Bloomington, MN 55425

# Which airlines fly into Minneapolis–St. Paul International Airport?

Delta is the main airline, by far, but it's an international airport, so most airlines fly to Minneapolis–St. Paul, including Alaska Air, American, Air Canada, Continental, Frontier, United, US Air, Air Tran and Southwest. The two terminals are next to each other, and both are 10 minutes from the hotel.

#### What is the best way to get to the Minneapolis Airport Marriott Hotel from the Minneapolis–St. Paul International Airport?

The hotel has a free shuttle to and from the airport. Otherwise, Metro Transit's Hiawatha Light-Rail Line (Route 55) operates daily. Fares are \$0.75–\$2.25, depending on rush hour and adult vs. senior citizen rates. Depending on whether your flight arrives at Terminal 1 or Terminal 2, the hotel stop (Mall of America stop, end of the line) is 10-12 minutes away.

Metro transit information: <u>http://www.metrotransit.org/light-rail.aspx</u>

Schedules: <u>http://www.metrotransit.org/Schedules/</u> WebSchedules.aspx?route=55

#### What will the weather be like?

July is the warmest month of the year. Average daily low and high temperatures are 63° to 83°. For more information: <u>www.weather.com http://</u> <u>minneapolis.about.com/od/travelweather/qt/</u> <u>averagetemperatures.htm</u>

#### What should I wear?

Almost anything goes- For the welcome reception evening some people wear business casual, others their traveling outfit, t-shirt and jeans. During the day, wear what you feel comfortable wearing, pants, t-shirt, blouse, jeans, shorts. Remember, there will be air conditioning, so be prepared if the A/C is cooler than you prefer.

In the evening, for dinner, you can choose to change or stay in what you wore during the day. It doesn't matter, attendees do both! For the closing banquet, people tend to dress up a little more - nice slacks outfit, nice dress. Men usually wear suits. This is a nice affair but NOT formal.

#### Does the hotel have a fitness center?

There is an indoor pool, whirlpool and sun deck as well as a full-service fitness center featuring Life Fitness equipment outfitted with TVs, including treadmills, elliptical trainers, free weights and resistance machines.

#### How close is the Mall of America?

The Mall is across a small road with a traffic light from the Hotel. It is not a highway and it can be crossed by foot. Free shuttle service is available.

#### Is there a special place where we can congregate?

Most of us look for one another in a hotel's foyer/entrance, in the bar area, or restaurant(s). Around 4 pm on Thursday afternoon go to the registration area in the hotel. Ask the concierge or look for signs for where the registration/ welcoming reception will take place.

# I am a first-timer. What should I expect and what is expected of me?

To welcome you to the Conference, we invite you to join us for our First Timer's Hospitality Get-Together where you will have the opportunity to meet one another as well as the Board members and the Regional Coordinators. First timer's registration will be held on July 21 at 4:30 pm with the Get-Together beginning at 5 pm. We will be available to meet with you to answer any questions you may have concerning the conference. After the First Timer's Get Together you will be asked to join all Conference attendees at the Welcome Reception at 6 pm.

During the Conference, there will be time for sharing what you feel comfortable concerning your twin and twinship. There will be speakers, a first timer's session, two different breakout sessions, free time to relax, reflect and casually meet others and the closing banquet on Saturday evening. Plan to depart on Sunday.

#### What should I do if I have to cancel at the last minute?

For the Conference Registration Fee: Unfortunately, we are unable to refund any registration fees one month prior to the Conference. Once the "firm" attendee count is given to the hotel we are not able to decrease that number. However, we are able to add attendees up to 24 hours prior to the Conference. Should we have any last minute walkins on the day of the Conference, we will not turn these twins away.

(Continued on page 21)

# MESSAGE RECEIVED

By Carol Peck, Twin to Candice

I identical twin sister Candice. Every time I think stories is a tremendous comfort. it's getting a little bit easier, that the pain seems to lessen, something happens to throw me back a few steps...until I got an email from Larry Lynch. I don't know how he found me, but he did. He invited me to the New Jersey Twinless Twin gathering, which I attended on March 27 with fifteen other twins and three supporters at Carolyn Shane's house in Maplewood, NJ.

call, "visits from my sib." It was so real that I had to be awakened by my husband because I was hysterical in my sleep. In my dream my sister was there, I was in a hospital and she was telling me that "you will be ok, once you get the help you need." Within a few days, there was the email from Larry Lynch about the New Jersey THANK YOU CANDICE. Meeting. MESSAGE RECEIVED.

My first Twinless Twin Meeting was in Gettysburg, PA, a little over a year after Candice passed. My husband attended with me, and we were both so excited ... he to go on ghost tours and enjoy battleground history, me to get the help and support I so desperately needed. The Gettysburg meeting was tough, as I assume most first meetings are for new twinless twins. I cried the entire meeting. I think I was just so relieved to be with other people that really get it. The pain was unbearable, but with the help and guidance of my new friends, I made it through that first meeting and learned from it. Being able to share my story of struggle with people that really truly understand is remarkably helpful.

The past four years have been very very tough. The dreams, the guilt, the pain, the anger, it never seems to ease. What I do feel is a sense of peace that my sister died with dignity. It's hard to say, and for some to understand, but I do find comfort knowing that she didn't die at the hands of another. I know I would be either in jail, or spending my life making somebody pay for twin?" Our answer was standard.. "I don't know, what's hurting her. Thankfully, I don't have to worry about that. it like NOT being a twin?" My sister was my best friend. Hearing the stories of others, I know I'm not alone "in

It's been a little over four years since I lost my my special grief" that only a twin could know. Sharing

That being said, my journey has been tough at best. Without this organization, I honestly don't know what I would have done. Just knowing that I'm not the only twin that is going through this daily struggle gives me a sense of security; that we all share this same pain, anger, questions. My husband, as wonderful and understanding as he is, WILL NEVER BE ABLE TO UNDERSTAND It started with one of my "dreams" or what I like to my pain, frustration, and struggle to swallow the daily guilt. Why her, why not me? Unless you are a twin, you just don't get it.

> To fully appreciate my story, I have to start in 1971. The year we were born my father's sister, my namesake Carol, passed away at the age of 35. What we didn't



know then was that her death was caused by a hereditary brain aneurysm. Candice and I were less than 3 months old. All I know is that she was an amazing woman and although we never got to meet her, her death would become a script of what was to come.

People used to ask us as kids, "what's it like being a (Continued on page 18)

#### (Continued from page 17)

couldn't even tell us apart on the telephone our voices be dead within the same decade. We are what the doctor's were so identical. The man she was going to marry still called identical mirror twins. We were so identical that we hears her in my voice at times. That is comforting to me. had the exact same cavities in the exact same teeth on To be mistaken for her, or called by her name, is an honor opposite sides of our mouths as kids. Drove the dentist I will cherish until my last day on earth.

A ruptured subarachnoid berry aneurysm of the main death on my sister's death certificate. Same as our Aunt Carol. capability to check for these things when migraines and other signs presented themselves ... which now becomes another source of most of my guilt.

Unfortunately, my sister and I were never checked for what was to become a genetic reminder of how unfortunate things can be inherited. My twin passed away

admit that. Within a week of her passing I was taken in for what will become multiple MRI's to make sure that I We finished each other's sentences, often. My parents didn't have the same condition. Doctor's say if I did, I'd crazy, but we always had a good laugh about that one.

If anything good has come of this besides meeting communicating artery is what is listed as the cause of with the Twinless Twins, it's the blessing, the gift, the angel that my sister sent to me. Believe it or not, I wound Back in the 1970's, doctor's didn't have the up pregnant and gave birth to a wonderfully healthy baby girl, named Candice of course, ON THE ONE YEAR ANNIVERSARY OF MY TWIN'S DEATH !!! If that's not a sign, I don't know what is. Again, message received, loud and clear Candy ... Her full name is Candice Susan, we call her Candy, as we called my twin, or Candy Sue. Sue is our cousin, daughter of our Aunt Carol. My daughter has no idea how she saves me every day, but I'm

on December 1, 2006, at the age of 35. She also had th e signs: migraines, nausea, blurred vision... and me saying, "should we get checked?? Aunt Carol died at 35. and we get too many headaches." It will haunt me that forever I didn't make sure we followed up with a doctor.



would not have been made easier. Because it has been made easier, the support I've received, the understanding and the love is so helpful. During the New Jersey meeting I was able to share more, listen more, become closer to those twinless twins that live closer to me. Some of us have already spoken more on the phone and have plans to meet for lunch, drinks, or whatever it takes to help get through whatever tough day each of us are facing. I'm thankful for this group, for it too has helped save me through this journey.

On the day my sister died, I actually went home from work early, had a dreadful feeling, sicker than I can remember being in a long long time. I believe she came to me to put me down into a safe place. I slept for 9 hours that afternoon. Once my husband received the news, made all the phone calls, packed our bags and got the nerve, he woke me up and told me that my twin sister was dead. I don't think I'll ever fully know what that did to him. To have to be the bearer of that news must've been the hardest thing he's ever had to do. I don't remember much after that, a lot of screaming of course, questions, anger, and I still question my faith. I'm honest enough with myself to

in

this

When I originally wrote this poem, Victor's mental illness was not apparent or I should say was not as overtly obvious at the time. We shared many childhood traumas together and became, if you like, like vulcans sharing and holding each other's cautras. For those of you who are scifi fans you will know what I mean.

I wrote the following in 1994 and if I had known then what I know now, I probably would not have been able to do anything different. However, like most of us who survive the loss of a twin who has mental illness, the loss seems to be so very intimate and devastating and guilt ridden.

Victor took his own life on July 17, 2009 after being discharged after another suicide



h my God -I'm not alone There's someone here with me Who is this other person That shares my identity.

Who is this other person That shares my breathing space She looks exactly like me With same eyes, same hair, same face.

> Who is this other person That's spooning at my back I am sure that when set free A true friend - I'll never lack.

Who is this other person That's sharing my debut Oh how all the people cried "There's not only one, but two."

> Who is this other person That's always beside me

attempt the night before, supposedly stable and not a danger to himself or others.

This poem I wrote 15 years earlier was probably a premonition of things to come.

#### My Brother, My Twin

Linked from conception, To be joined in soul forever, Always knowing you to be there, No more.

You have searched, Found a path, Followed it, Now you are home.

Wandering the familiar halls, At peace, You have the answers, No longer taunted.

### TO GLORIA WITH LOVE

From eating, playing, sleeping She is all I ever see.

Who is this other person That shares my ups and downs Through childhood into marriage Diapers to wedding gowns.

Who is this other person I admired all my life Who I always tried to copy A true person, friend, and wife.

Who is this other person I shared all of my blues Who called me in November With her devastating news.

Who is this other person I want to hold and not let go I love her more than anything More than she could ever know.

Who is this other person That soon I knew we'd part I asked God "Why taking her? You made us one, right from the start." No longer do you search, Ripped from me, I feel empty, Half of me gone.

No longer struggling, No longer fighting an endless battle. I miss you already, Half of me gone.

Emptiness pervades my existence, I feel a strange peace, It hovers over this void, Holding me, soothing me.

No one can understand, We walked apart, But we were always together, Never far apart.

Vince, twin to Victor 🎔

Who is this other person I watched quickly slip away While praying "God, don't take her Please just give us one more day."

Who is this other person Beside me from the start Who left and went to heaven But still lives here in my heart.

Who is this other person Who I love and miss her so It's my twin sister Gloria Who was also known as Glo.

#### Now

Oh my God - I am alone Glo is not here with me But I know within my heart Twins we will always be.

Gail, twin to Gloria 🎔



Twinless twin, **Bessie Godfrey**, passed away on March 25, 2011 at the age of 87. Bessie was instrumental in helping Dr. Brandt set up TTSGI and attended many conferences in the early days. She had been estranged from her twin, Edna, for many years until Bessie's husband died at which time they were reunited.



The picture being held is actually a cross stitch piece that Bessie's daughter, Darlene McCullough, created for Dr. Brandt. It says:

We entered this world, but minutes apart Two cries in the night, two beats of the heart With love I recall the years as we grew And gladly thank God, thank God we were two.

# **NOTES AND NOTABLES ...**

# NEW COMPUTER PURCHASED FOR HOME OFFICE

O ne of our board members, Dawn Barnett, recently gave a wonderful gift to TTSGI - a new computer for the home office - Dawn says:

I knew that the computer Michelle was using was a dinosaur and thought she could be so much more efficient were she to have a new computer. We chose the newest Apple model with lots of memory for any future applications she might need. She told me it has already helped her in working on developing the new database for the financial reporting aspects of TTSGI.

Dawn, twin to Daryl

Thank you Dawn for this generous gift! >>

(FAQ'S Continued from page 16)

For the Hotel Room: The rooms need to be canceled 24 hours prior to arrival or there will be a one night room charge plus tax on the room registration credit card.

#### At the Conference: Where can we eat?

At the Marriott – Bistro 79 At the Mall of America – Bubba Gump Shrimp Company Crave Famous Dave's Napa Valley Grill Rainforest Café Ruby Tuesday's Tiger Sushi Tucci Benucch Twin Cities Grill

Nearby – Look on website or when in Minneapolis for details

Airport Hilton Chop House Ciao Bella Good Earth Restaurant Ikea Restaurant & Bistro McCormick & Schmick's Sawatdee Thai Restaurant Woolley's American Steakhouse

April 21, 2011

Dear Janny,

One year ago this morning you left my world. You will never know how much I have missed you and our telephone chats every day. My day was complete hearing your voice and sharing our lives as best we could when not together. We had many fun-filled days together, just you and me. There is a void in my life that just doesn't seem to get filled. We were best friends and you will always

Panny and Judy

be my best friend. I truly hope you are happy in your eternal home. I remember your suffering at the end and knew you had to leave me to get peace and rest once more. I look forward to the day when we will be together again. We will pick up where we left off, laughing and enjoying our unique twin bond.

With All My Love and Eternally Yours,

Judy (Twin to Janny)

Twinless Twins Support Group International P.O. Box 980481 Ypsilanti, MI 48198 1-888-205-8962 contact@twinlesstwins.org

# LIVE TWIN CHAT

The live chat is getting very active on twinlesstwins.org - check it out under *Get Involved*.

# NEWSLETTER ARTICLE SUBMISSION DEADLINES

Spring Issue: February 10th Summer Issue: May 12th Fall Issue: August 11th Winter Issue: October 27th Submissions should be emailed to: twinlesstimes@yahoo.com



Rare Elephant Twins

TWINLESS TWINS SUPPORT GROUP, INTERNATIONAL

### **BOARD OF DIRECTORS**

Renie Hallford – President (2011) Suzanne Wedow – Vice President (2011) Carolyn Shane – Secretary (2012) David Jones – Treasurer (2013) Dawn Barnett – Director (2013) Ray Boyle – Director (2013) Sandra Brown – Director (2012) Margaret Daffin – Director (2011) Dena Stitt – Director (2012)

### **EXECUTIVE DIRECTOR**

Michelle Getchell



# Write For The Twinless Times Newsletter

All members are invited to submit articles for publication in the Twinless Times. The email subject should be "Twinless Times Submission."

Submit to: twinlesstimes@yahoo.com

Stories about you and your twin are always welcome and rewarding to see in print. Our founder, Dr. Brandt, encouraged the act of writing as a means to healing.

We value articles about twin meetings, conferences, your healing journey, twin book reviews, poems, or words of wisdom. Photos can be emailed with your article in JPEG format. **Please be sure to identify each person in your photos.** 

All articles should be sent as a Word document and we ask that you keep any article to 500 words or one page.  $\heartsuit$ 



# **RECOMMENDED TWIN BOOKS**

www.twinlesstwins.org/store/recommendedbooks:

### "TWIN LOSS"



Living Without

Livin

# By Raymond W. Brandt, PhD

Dr. Brandt was the founder of Twinless Twins Support Group and was considered by many an authority on twin loss. The 400-page book discusses all aspects of the loss and also speaks to the family members on how to help the survivor twin.

# "LIVING WITHOUT YOUR TWIN"

### By Betty Jean Case

Author Betty Jean Case generously makes a donation to Twinless Twins each time one of her books is purchased through us. Betty is a twin, grew up with twin siblings, and had a set of twin grandsons. This 150-page book discusses how to keep living without your twin and best friend by your side. It also explores the uniqueness of twin loss.

# WHARE, IN HO AM IB

Exploring Twin Relationships

Is Being a Twin Always Fun?

Betty Jean Case

# "WE ARE TWINS, BUT WHO AM I?"

### By Betty Jean Case

This book focuses on what it is like to be a twin, including the problems of keeping your uniqueness. Betty Jean's candor and insight into twins speaks volumes about identity within a twinship. With her usual clarity, she sheds light on this unique aspect of twinning, making reference to the many twins she spoke to.

# "Exploring Twin Relationships"

# By Betty Jean Case

This book examines the twin relationship and all aspects of being a twin. Betty Jean has personal insight into twins and speaks with clarity; making reference to the many twins she studied.

# "THE LONE TWIN: A STUDY IN BEREAVEMENT AND LOSS"

# By Joan Woodward



The reader is taken through the closeness of being a twin, including its negative aspects and twins' need to be different to one another. But what happens when twins are separated, especially by death? The text examines death and bereavement of twins, including the parental attitudes to the surviving twin, the surviving twin's guilt, coping, bereavement in childhood and adulthood. The book also covers the psychological effects in later life for children who lost their twin at birth. Throughout, the book is illustrated by the words of lone twins themselves. This book is available through the TTSGI website or through the distributor, International Specialized Book Services (<u>http://www.isbs.com/partnumber.asp?pnid=307963</u>).



# "My Twin VANISHED Did Yours?" by Dr Brent Babcock

A survivor himself of a vanished twin, Dr. Brent H. Babcock is sharing with the public for the first time his knowledge concerning the vanishing twin.

# **REGIONAL COORDINATOR'S CONTACT INFORMATION — 2011**

### **AUSTRALIA**

#### RON CAWTHRON AFFILIATE MEMBER cawthron@optusnet.com.au

Tel: 011-61 2 6258 7671

### **UNITED KINGDOM**

#### JANET BAIRD AFFILIATE MEMBER

janetmaybaird@hotmail.co.uk Tel: 011-44-1423-816340 Mobile: 011-44-7711-768877

# **CANADA**

# **DORIS GIROUX**

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- Alberta
- British Columbia
- Manitoba
- New Brunswick
- Newfoundland
- Nova Scotia
- Ontario
- Prince Edward Island
- Quebec
- Saskatchewan

# **NORTHEAST**

### KIM HAFNER

abeja@hotmail.com Tel: 718-437-4754

- New Jersey
- New York

# NEW ENGLAND

### ► POSITION OPEN ◄

contact@twinlesstwins.org Tel: 1-888-205-8926

- Connecticut
- Maine
- Massachusetts
- New Hampshire
- Rhode Island
- Vermont

# **MID-ATLANTIC**

### MIKE KARBELING

mkarbeling@gmail.com Tel: 301-565-9290

- Delaware
- District of Columbia
- Maryland
- Pennsylvania
- Virginia
- West Virginia

# **SOUTHEAST**

# ► POSITION OPEN ◄

contact@twinlesstwins.org Tel: 1-888-205-8926

- Alabama
- Florida
- Georgia
- North Carolina
- South Carolina

# NORTH CENTRAL

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- Iowa
- Michigan
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- North Dakota
- South Dakota
- Wisconsin

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TWINLESS TIMES

- Illinois
- Indiana
- Kentucky
- Missouri
- Ohio

# SOUTH CENTRAL

### JOHN ROHRER

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- Arkansas
- Louisiana
- Mississippi
- Oklahoma
- Tennessee
- Texas

# **SOUTHWEST**

### EILEEN JENSEN

twinjensen@msn.com Tel: 970-641-4362

- Arizona
- Colorado
- Kansas
- New Mexico
- Nevada
- Utah

# **NORTHERN MOUNTAIN**

### DAWN BARNETT

barnettdawn@hotmail.com Tel: 1-501-226-5102

- Idaho
- Montana
- Wyoming

# WEST COAST

# ► POSITION OPEN ◄

contact@twinlesstwins.org Tel: 1-888-205-8926

CONTACT@TWINLESSTWINS.ORG

- Alaska
- California
- Hawaii
- Oregon
- Washington